



## Community of Practice for Resiliency - 5/11/2023

May 11, 2023 at 12:00 PM

Ascension Texas: Ascension Medical Group

**Target Audience:** This activity is designed for the interdisciplinary audience including Physician, Non-Physician, Physician Assistant, Psychologists, Pharmacist, Nurse, Social Workers, Pharmacy Technician, Advanced Practice Nurse, Other

### Objectives:

- 1 Describe at least one strategy for regulating one's nervous system
- 2 Explain how and when one might utilize this regulation strategy while working.
- 3 Demonstrate awareness of one's own emotional experience and the ability to respond to difficult emotions in productive ways.'

**Disclosures:** The following faculty, planners, and reviewers have the following relevant financial relationships:

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Tommi Reel, B.S.	Activity Coordinator	Nothing to disclose - 12/14/2022
Phoebe Long, PhD	Activity Coordinator, Faculty	Nothing to disclose - 01/26/2023
Krista L Gregory, M.Div., Board Certified Chaplain	Course Director, Faculty	Nothing to disclose - 12/27/2022
Mya Murphey, Social Work	Faculty	Nothing to disclose - 01/05/2023
Faith Hicks, BSN, MHL CCM	Nurse Planner	Nothing to disclose - 11/03/2022
Lisa Cronin, MPAS, PA-C	PA Planner	Nothing to disclose - 05/27/2022
Thanh hao Ngo, PharmD, BCPPS	Pharmacy Planner	Membership on Advisory Committees or Review Panels, Board Membership, etc.- Blue Cross Blue Shield of Texas, Medicaid Advisory Committee - 05/27/2022
Tory Meyer, MD, surgeon	Physician Planner	Nothing to disclose - 02/10/2023
Puja Patel, PhD	Psychologist Planner	Nothing to disclose - 09/07/2022
Abby Glock, MSW, LCSW	Social Work Planner	Nothing to disclose - 05/31/2022

### Accreditation Statement:



In support of improving patient care, Ascension/St. Vincent's Health is jointly accredited by the Accreditation Council for Continuing Medical education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Designation:



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.



ACCME  
ACCREDITED

Ascension designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AMERICAN NURSES CREDENTIALING CENTER

This activity is awarded 1.00 ANCC contact hour(s). (based on 60 minutes per contact hour)



Ascension has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.

This activity is designated for 1.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



This knowledge-based activity qualifies for 1.00 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



ASWB approved continuing education

As a Jointly Accredited Organization, Ascension is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Ascension maintains responsibility for this course. Social workers completing this course receive 1.00 continuing education credits.



AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.