Krista Gregory, MDiv, is the founder of the Center for Resiliency in Austin, Texas, at Dell Children's Medical Center and affiliate faculty at Dell Medical School. Krista is a Board Certified Chaplain who has worked in the healthcare field for over 25 years at the bedside with patients and parents, physicians, and healthcare professionals, both in pediatric and adult facilities. She founded the Center for Resiliency in 2016 to equip healthcare professionals with practical, relevant tools to support thriving in all aspects of life and work and to facilitate a variety of opportunities for authentic conversations. The vision of the Center is to promote systemic cultural change in medicine. Krista is a dynamic speaker, conference presenter, and thought leader in the field of wellness and resiliency.