

Continuing Education/Continuing Medical Education (CE/CME)

**Age Friendly Care: Looking to the Future with the 4M's**

WHEN: March 10, 2023 — 8:00 AM

**Presentation purpose:**

* As our population ages, and as the concept of Age-Friendly care is becoming more mainstream, we continue to look for ways in which to infuse the 4M's (What Matters, Medication, Mentation, and Mobility) into the way we care for our older adult population. The Center for Healthy Aging's 34th annual Conference on Aging will focus on varying aging problems, issues, and concerns, as we apply the 4M's to the topics of the day. We will discuss medical and MEDICATION issues such as new classes of medications for diabetes and heart failure and their role in older adults. We will review the importance of MOBILITY and how to address a fear of falling. We will cover MENTATION as we learn more about the impact of hearing loss on cognition, and also will provide an update on the state of dementia research. We will examine WHAT MATTERS in relation to social determinants of healthy, diversity, and how to incorporate our patients' priorities into their care. This conference is meant to enhance the knowledge base and skills of physicians, nurses, pharmacists, psychologists, nurse practitioners, physician assistants, dietitians, allied health and rehabilitation therapists, social workers, health facility administrators, and other interested health care professionals

**Learning objectives:**

* 1 Jennifer Oulette: Discuss tools to identify what matters most to patients, including individual patient values, specific and meaningful health outcome goals, and healthcare preferences.
* 1 Loren Weber: Complete an assessment of the geriatric surgical patient, identify positive domains on screening for further follow-up, and manage medications in pre and post-operative setting to minimize delirium.
* 2 Stephen Harrison: Demonstrate how Ascension Living PACE is integrating the principles of Age Friendly Care into its program.
* 3 Vanessa Convard: Discuss the Adult Protective Process in Indiana, what we can and can't do, when to call, and who to call.
* 4 Andrew Ratcliff: Identify the federal law enforcement agencies responsible for investigating Medicare and Medicaid fraud and and discuss continued problem areas within these programs.
* 5 Concetta Forchetti: Inform the audience about recent advancement in clinical research and options for clinical treatment in Alzheimer's Disease.
* 6 Jill Dubois-Bousamra and Sherita Townsend: Inform caregivers of available technology that will help support them while caring for their loved one with dementia or mild cognitive impairments.
* 7 Lynn Collins: Recognize how far we have come in hospice care and learn common myths about the dying process.
* 8 Kent Berry: The audience will increase their knowledge of the relationship between hearing loss and the onset of neurocognitive disorders, including proposed causal mechanisms of action.
* 9 Cathryn Luckoski: Discuss ''What Matters'' in the choices that individuals can make related to hearing healthcare.
* 10 Nicole Slaten: Recognize unique health challenges faced by LGBTQ older adults.
* 11 Alex Steward: Inform audience on how physical therapy addresses falls and fear of falling in older adults.
* 12 Danielle Davis: Discuss UTI's in older adult women, including identification, treatment, asymptomatic bacteriuria, and prevention.
* 13 Staci Hollar: Learn about the implications of cognitive impairment on management and outcomes in congestive heart failure.
* 14 Olivia Cracker: Identify monitoring considerations for safe use of SGLT2 inhibitors in older adults.

**Target audience:**

This activity is designed for the interdisciplinary audience including the following:

Specialties: Internal Medicine

Professions: Physician, Non-Physician, Psychologists, Pharmacist, Nurse, Social Workers, Pharmacy Technician, Student, Advanced Practice Nurse, Other

**Accreditation**

In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



**Credit designation:**



This activity was planned by and for the healthcare team, and learners will receive 6.00 IPCE credit(s) for learning and change.



Ascension designates this Live Activity for a maximum of 6.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity is awarded 6.00 ANCC contact hour(s). (based on 60 minutes per contact hour)





This knowledge-based activity qualifies for 6.00 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



As a Jointly Accredited Organization, Ascension is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Ascension maintains responsibility for this course. Social workers completing this course receive 6.00 continuing education credits.



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**Faculty/Course Director/Planners:**

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

**Conflict of Interest:**

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities.

Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

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| **Name of individual** | **Individual's role in activity** | **Name of Ineligible Company(s) / Nature of Relationship(s)** |
| Kathryn Hendershot, BS | Activity Administrator | Nothing to disclose - 11/17/2022 |
| Valarie Millard-Combs, MS, RRT, Kappa Delta Pi Honor Society | Allied Health Planner | Nothing to disclose - 10/18/2022 |
| Loren Weber, DO | Course Director, Faculty | Nothing to disclose - 01/10/2023 |
| Lynn Collins, APRN | Faculty | Employment-Work PRN as an NP for Guardian Angel Hospice - 01/04/2023 |
| Vanessa Convard | Faculty | Nothing to disclose - 01/20/2023 |
| Olivia Craker, PharmD | Faculty | Nothing to disclose - 01/06/2023 |
| Danielle Davis, APRN | Faculty | Nothing to disclose - 01/13/2023 |
| Jill Dubois-Bousamra, BSN | Faculty | Nothing to disclose - 01/18/2023 |
| Concetta M Forchetti, MD, PhD, FAAN | Faculty | Consulting Fee-Eisai, Inc. (Relationship has ended) - 12/20/2022 |
| Stephen Harrison, DO | Faculty | Nothing to disclose - 01/10/2023 |
| Cathryn Luckoski, MBA | Faculty | Nothing to disclose - 01/13/2023 |
| Jennifer Ouellet, MD | Faculty | Nothing to disclose - 01/16/2023 |
| Andrew Ratcliff, Master of Science | Faculty | Nothing to disclose - 01/04/2023 |
| Alexandria Steward, PT | Faculty | Nothing to disclose - 01/04/2023 |
| Sherita Townsend, RN, case manager | Faculty | Nothing to disclose - 01/04/2023 |
| Staci Hollar, MD | Faculty, Physician Planner | Nothing to disclose - 01/06/2023 |
| Nicole Slaten, DO | Faculty, Physician Planner | Nothing to disclose - 12/20/2022 |
| Kent Berry, Ph.D, HSPP | Faculty, Psychologist Planner | Nothing to disclose - 12/20/2022 |
| Victoria D Carr, MSN | Nurse Planner | Nothing to disclose - 09/21/2022 |
| Suzanne M Buchanan, BSN, RN, NPD-BC | Other Planning Committee Member | Nothing to disclose - 12/14/2022 |
| Ellen Miller, BS | Other Planning Committee Member | Nothing to disclose - 12/20/2022 |
| Denise Staschke, BS | Other Planning Committee Member | Nothing to disclose - 12/22/2022 |
| Kacey West, PharmD | Pharmacy Planner | Nothing to disclose - 12/20/2022 |
| Cheryl Warriner, LCSW, CSW-G | Social Work Planner | Nothing to disclose - 01/04/2023 |

**Commercial Support:**

No commercial interest was received for this CE/CME activity.