

Motown Women's Heart Symposium

Improving cardiac care for women through education and innovation



VIRTUAL and IN-PERSON EVENT

The 3rd Annual Motown Women's Heart Symposium will be a half-day educational conference for health care professionals focused on promoting a comprehensive understanding of heart disease in women. Heart disease is the leading cause of death in women in the US.

Course objectives:

- Identifying the evolution of heart disease in female population
- Enhance understanding of heart disease in pregnancy, clinical presentation, treatment options and management strategies
- Discussing diagnosis and new interventional treatment modalities for coronary artery syndrome, microvascular dysfunction (MVD), heart failure, valvular heart disease and pulmonary embolism in women
- Enhance understanding of post-menopausal hormonal effects on cardiovascular health
- Improve understanding of traditional and nontraditional risk factors for coronary artery disease in women of all ages with a focus on gender disparities
- Apply best practices in screening women for heart disease and managing women with heart disease
- Improve cardiac care for women in the state of Michigan with the goal to close gaps in care with the most up-to-date evidence-based literature

Date/time: Saturday, Oct. 5, 2024
7 a.m.-1:30 p.m.

Location: The Townsend Hotel
100 Townsend Street
Birmingham, MI 48009

Course director: Nishtha Sareen, MD, MPH
- Interventional Cardiologist,
Ascension Medical Group
- Medical Director, Women's Heart Program,
Ascension Michigan
- Associate Professor of Medicine,
Central Michigan University

Symposium schedule

- 7:00 a.m. Check-in and Breakfast**
- 8:10-8:40 a.m. Leadership Address**
Edward Fry, MD
Carol Schmidt, FACHE
Douglas Apple, MD, MS, FHM
Shukri David, MD
Karthikeyan Ananthasubramaniam, MD
- 8:40-9 a.m. National Keynote: Gender Disparities in Healthcare** Alexandra Lansky, MD
- 9:05-9:35 a.m. Session I: Cardio-Obstetrics**
Physiology, Risk Stratification and Referral in Pregnancy
Aiden Abidov, MD
Pharmacology in Pregnancy and Lactation
Christopher Giuliano, Pharm D, MPH
Panel: Aiden Abidov, MD; Claire Duvernoy, MD; Tamara Ivers, MD;
Susan Mastenbrook, NP; Nancy Mesiha, MD; Ryhm Radjef, MD;
Nishtha Sareen, MD; Xia Wang, MD
- 9:35-9:50 a.m. Break (social space) | Chair Yoga in Auditorium**
- 9:50-10:10 a.m. National Keynote: Sex-specific Risk Factors for Cardiovascular Disease in Women** Michael Honigberg, MD
- 10:15-10:45 a.m. Session II: Case-based Panel Discussion**
Case presentation 1: Chest pain in women: MVD. MINOCA. SCAD- Monica Jiddou, MD
Case Presentation 2: Palpitations in women Nishaki Mehta, MD
Panel: Karthikeyan Ananthasubramaniam, MD; Nathan Foster, MD;
Nicholas Haddad, MD; Frederic Joyce, MD; Tom Lalonde, MD;
Sunilkumar Rao, DO; Nishtha Sareen, MD
- 10:45-11:05 a.m. Break (social space) | Healthy Heart Dietary Demonstration**
- 11:05-11:25 a.m. International Keynote: Disparities in Healthcare Internationally,** Rajeev Bagarhatta, MD, DM
- 11:30-12:00 p.m. Session III: HRT and VTE, Nadia Sutton, MD**
Panel: Yulia Abidov, RN; Sarah Deighton-Collins, MD;
Claire Duvernoy, MD; Harini Lakshman, MD; Rashmi Rajeshwar, MD;
Kala Ramasamy, MD; Sunilkumar Rao, DO; Lekha Richardson, MD;
Nishtha Sareen, MD; Robert Sasso, MD
- 12:00-12:30 p.m. Poster Competition Judging**
- 12:30-1:00 p.m. Awards Ceremony
Plated Lunch**
- 1:00-1:30 p.m. Sponsored Speaker
Conclusion**



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