



Ascension  
Genesys

# Congdon Lecture Series

Interprofessional seminar for physicians, nurses and healthcare providers

**Topic: Psychology**  
Wednesday, September 13, 2023

## Speakers and Lecture



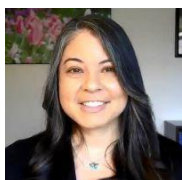
**7:30 AM**

Rational Medication Treatment  
Approaches for Major Depressive  
Disorder, Anxiety Disorders and ADHD  
Jed Magen, DO  
Michigan State University



**8:45 AM**

Dissociative Identity Disorder  
Anatol Tolchinsky, PhD  
McLaren Greater Lansing



**10:00 AM**

Top 10 Most Interesting Cases in  
My Career  
Miko Rose, DO, FNAOME  
Michigan State University



**11:15 AM**

Clinical Pharmacology  
Randi Dockery, PharmD  
Ascension Genesys Hospital

**12:15 PM - Lunch**



**12:45 PM**

Lessons in Psychotherapy: Major  
Treatment Perspectives  
Heather Kirkpatrick, PhD  
Ascension Genesys Hospital



**2:00 PM**

Outpatient to Inpatient: Managing  
Delirium and Dementia Agitation  
Episodes  
Abbas Rizvi, DO  
Rush University Medical Center

## Goals and Objectives:

At the end of this lecture attendees will be able to

1. Name a first and second line choice of antidepressant for treatment of Major Depressive Disorder, Generalized Anxiety Disorder and Panic Disorder
2. Prepare plans to take an equitable approach to patient counseling on behavior modification strategies to reduce risks of complications, and improve outcomes related to their mental and behavioral health.
3. Refer patients with suspected or diagnosed DID to mental health specialists, fostering a collaborative approach to comprehensive patient care.
4. Incorporate psychological factors into their overall patient assessment, recognizing the influence of mental health on physical well-being.
5. Educate patients about their prescribed psychiatric medications, including expected outcomes, possible side effects, and the importance of adherence.
6. Demonstrate a cognitive behavior therapy technique for use in the primary care visit
7. Communicate effectively with families and caregivers about the diagnosis, prognosis, and progression of dementia, ensuring a compassionate and empathetic approach.

## Registration:

Register online at:  
[genesysmeded.com/Congdon](https://genesysmeded.com/Congdon)

## Faculty/Course Director/Planners:

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

## Conflict of Interest:

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities.

Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

## Commercial Support:

No commercial interest was received for this CE/CME activity.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)	Professional Title
Heather Kirkpatrick, Ph.D., Psychologist	Faculty	Nothing to disclose - 03/06/2023	
Dana Burtrum, MA	Activity Coordinator	Nothing to disclose - 05/01/2023	Regional CME Coordinator
Sherry Harness, MSN	Nurse Planner	Nothing to disclose - 07/27/2023	Market Program Manager- CPD
Kathleen Thompson, MSW	Social Work Planner	Nothing to disclose - 08/10/2023	
Stephanie West, DO	Course Director	Nothing to disclose - 07/26/2023	
Jason L Williamson, PharmD	Pharmacy Planner	Nothing to disclose - 08/08/2023	Clinical Pharmacy Manager / PGY1 Residency Program Director
Randi Dockery, PharmD	Faculty	Nothing to disclose - 08/15/2023	Clinical Pharmacy Specialist
Jed Magen, DO	Faculty	Nothing to disclose - 04/03/2023	Chair Dept. of Psychiatry College of Human Medicine, College of Osteopathic Medicine Michigan State University
Jennifer Zimmerman, MSW	Social Work Planner	Nothing to disclose - 08/22/2023	Social Work Case Manager
Abbas Rizvi, DO	Faculty	Nothing to disclose - 08/29/2023	
Miko Rose, DO, FNAOME	Faculty	Nothing to disclose - 08/31/2023	Assistant Dean of Clinical Education/Staff Psychiatrist
Anatol Tolchinsky, PhD	Faculty	Nothing to disclose - 08/31/2023	Director of Medical Education

## Accreditation



In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



The Ascension Genesys Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

## Credit designation:



This activity was planned by and for the healthcare team, and learners will receive 6.00 IPCE credit(s) for learning and change.



Ascension designates this Live Activity for a maximum of 6.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity is awarded 6.00 ANCC contact hour(s). (based on 60 minutes per contact hour)



This knowledge-based activity qualifies for 6.00 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



As a Jointly Accredited Organization, Ascension is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Ascension maintains responsibility for this course. Social workers completing this course receive 6.00 continuing education credits.

The Ascension Genesys Hospital designates this program for a maximum of 6 AOA Category 1A Credit(s) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.