

Continuing Education/Continuing Medical Education (CE/CME) Community of Practice for Resiliency

WHEN: Monthly on the First Thursday

Presentation purpose:

This 1-hour, monthly program provides an opportunity for healthcare professionals from across the U.S. to share their experiences and learn practical, evidence-based tools to regulate their nervous systems. The hour includes time for group discussion and guided practices that participants can use in their personal and professional lives.

Learning objectives:

- Describe at least one strategy for regulating one's nervous system
- Explain how and when one might utilize this regulation strategy while working.
- Demonstrate awareness of one's own emotional experience and the ability to respond to difficult emotions in productive ways.

Target audience:

This activity is designed for the interdisciplinary audience including the following:

Specialties: *Anesthesiology, Cardiology, Dermatology, Emergency Medicine, Family Medicine, General Medicine, Medicine, Neurology, Ob/Gyn, Oncology, Orthopedics, Pathology & Laboratory Medicine, Pediatrics, Physical Medicine & Rehab, Primary Care, Psychiatry, Radiology, Radiation Oncology, Surgery, Other, Rheumatology, Palliative Care, Infectious Disease*

Professions: *Physician, Non-Physician, Physician Assistant, Psychologists, Pharmacist, Nurse, Social Workers, Pharmacy Technician, Chaplain, Advanced Practice Nurse, Other*

Accreditation:



In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit designation:



This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.



Ascension designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity is awarded 1.00 ANCC contact hour(s). (based on 60 minutes per contact hour)



Ascension has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.

This activity is designated for 1.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



This knowledge-based activity qualifies for 1.00 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



As a Jointly Accredited Organization, Ascension is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Ascension maintains responsibility for this course. Social workers completing this course receive 1.00 continuing education credits.



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Faculty/Course Director/Planners:

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

Conflict of Interest:

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities.

Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Tommi Reel, B.S.	Activity Administrator	Nothing to disclose - 01/12/2022
Phoebe Long, PhD	Activity Coordinator, Faculty	Nothing to disclose - 12/13/2021
Krista L Gregory, M.Div., Board Certified Chaplain	Course Director, Faculty	Nothing to disclose - 12/16/2021
Faith Hicks, BSN, MHL CCM	Nurse Planner	Nothing to disclose - 10/15/2021
Lisa Cronin, MPAS, PA-C	PA Planner	Nothing to disclose - 05/27/2022
Thanh hao Ngo, PharmD, BCPPS	Pharmacy Planner	Membership on advisory committees or review panels, board membership, etc.-Blue Cross Blue Shield of Texas - Medicaid Advisory Committee-Relationship_has_not_ended - 05/27/2022
Tory Meyer, MD, surgeon	Physician Planner	Nothing to disclose - 03/30/2022
Puja Patel, PhD	Psychologist Planner	Nothing to disclose - 09/07/2022
Abby Glock, MSW, LCSW	Social Work Planner	Nothing to disclose - 05/31/2022

Commercial Interest:

No commercial interest was received for this CE/CME activity.