

Alison Leitch Bio

Alison Leitch is a Registered Nurse who has served at Ascension St. John Hospital for 24 years. Her current role as the Caring Science and Holistic Nurse Navigator involves working closely with the Integrative Practice, Nursing Excellence and Human Experience teams. Alison is board certified in Holistic Nursing, and has also earned certifications as a Clinical Aromatherapist, HeartMath® Trainer and Caritas Coach®.

Alison is a facilitator for many holistic education programs at Ascension including the Holistic Nursing Intensive, Aromatherapy Validator workshops and HeartMath classes. She is passionate about caring for others, supporting both patients and associates, to help find ways to support their overall health and well-being - physically, psychologically, emotionally, and spiritually.