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Emergency Medical Treatment and Active Labor Act (EMTALA)

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- · Participating hospital with specialized capabilities must accept transfer of unstabilized person.
- Cannot delay exam or treatment to inquire about • payment.
- Must post required signage.



- Must maintain require documentation:
- On-call list.
- ED log of those who come to hospital.

• Emergency medical screening exam,

· Stabilizing treatment for emergency conditions and/or • Appropriate transfer of unstabilized person.





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EMTALA Penalties

Civil penalties

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- Physicians: \$50,000 per violation.
- Hospitals:
 - Less than 100 beds: $25,000\ \text{perviolation}$
 - 100+ beds: \$50,000 per violation



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- Hospitals may be sued for damages.
 Individuals who suffer personal harm.
 - Medical facilities that suffer financial loss.
- Termination of Medicare provider agreement and exclusion from Medicare and Medicaid.



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- Termination from Medicare and Medicaid
- Hospital fines up to \$50,000
- Physician fines **\$50,000**
- Lawsuits for civil damages
- Lawsuits for civil rights violations



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EMTALA is triggered when:

- · Person "comes to the hospital"
- Request is made for emergency care

AND

• Person is not already a patient at the hospital.

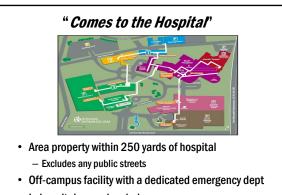




Kim C. Stanger 208-383-3913 <u>kcstanger@hollandhart.com</u> www.hollandhart.com <u>www.hhhealthlawblog.com</u>

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• In hospital-owned ambulance.

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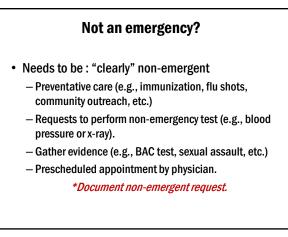
- Cannot divert inbound ambulance unless you are on diversionary status.
- (Arrington v. Wong (9th Cir. 2001))
- · May discuss best interests of patient.



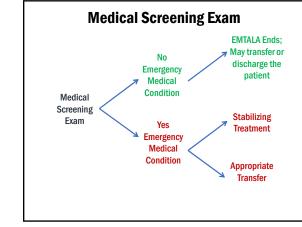
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Kim C. Stanger 208-383-3913 <u>kcstanger@hollandhart.com</u> www.hollandhart.com <u>www.hhhealthlawblog.com</u>

an inpatient in good faith, i.e., admitted for bed occupancy with expectation that person will remain

• EMTALA does not apply to "patients" of hospital.

overnight. - <u>Outpatients</u>: EMTALA does not apply if person has begun receiving outpatient services other than emergency care.

- Inpatients: EMTALA ends once the person is admitted as

"Person Is Not Already A Patient"

- EMTALA does not apply even if emergency arises after person's admission or after outpatient services begin.
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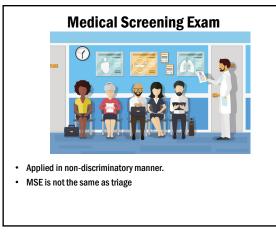


Medical Screening Exam	
	IT'S THE LAW!
IF YC	U HAVE A MEDICAL EMERGENCY OR ARE IN LABOR
you	HAVE THE RIGHT TO RECEIVE, within the capabilities of this hospital's staff and facilities:
- A	n appropriate MEDICAL SCREENING EXAMINATION
	Necessary STABILIZING TREATMENT (including treatment of an unborn child)
	and if necessary
	- An appropriate TRANSFER to another facility
	even if
YOU	CANNOT PAY or DO NOT HAVE MEDICAL INSURANCE





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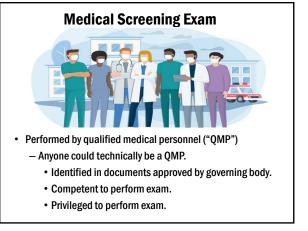


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Medical Screening Exam

- · Must allow the QMP to evaluate for an EMC
- Must treat any patient with an EMC - Until they or stable or can be transferred.
- Screening exam is ongoing process – Continues until stabilized, admitted or transferred.

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Medical Screening Exam

- Should normally include:
 - Vital signs.
 - History.
 - Documented focused physical exam
 - If needed, ancillary tests and specialists available through hospital, e.g., lab tests, diagnostic tests and procedures, CT scans or other imaging services, etc.
 - Continued monitoring.



Emergency Medical Condition

- ...manifesting itself by acute symptoms of sufficient severity (including severe pain, psychiatric disturbances, and/or substance abuse) such that the **absence of immediate medical attention** could reasonably be expected to result in:
 - Placing the individual's health in serious jeopardy
 - Serious impairment to bodily functions
 - Serious dysfunction of any bodily organ or part.

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EMC in Pregnancy

- Contractions = EMC (active labor)
 - Inadequate time to effect a safe transfer to another hospital before delivery; or
 - Transfer may pose a threat to the health or safety of the woman or the unborn child.
 - -False labor must be well documented

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Option to Decline a MSE

Does the patient have a clinical presentation that suggests impaired capacity?

(including, but not limited to, head injury, intoxication, psychiatric illness,

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Refusal of Screening Examination and Treatment I understand that the hospital has a duty to provide care and has offered to:

• Perform a medical screening examination and determine if an emergency medical condition exists.

• By refusing the services offered I am doing so **against the advice of** the hospital staff.

• I also understand that the availability of medical services, including examination and stabilizing treatment, as well as necessary transfer to another facility, Is not based on my ability to pay for these services.

• I have been given the opportunity to **ask questions** about the above information and my questions have been answered.

Kim C. Stanger 208-383-3913 kcstanger@hollandhart.com www.hollandhart.com www.hhhealthlawblog.com

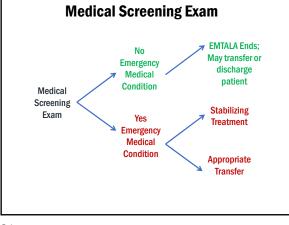
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dementia, etc?

• Yes ____ • No ___

Unknown





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Stabilizing Treatment

- If the MSE reveals an EMC the hospital must offer:
 Stabilizing treatment within its capabilities.
 - "Such care necessary to assure, within reasonable medical probability, that no material deterioration of condition is likely to result from or occur during transfer from facility."
 - For pregnant woman, delivery of child and placenta. — An appropriate transfer to another facility.
- EMTALA ends once patient is stabilized or admitted.

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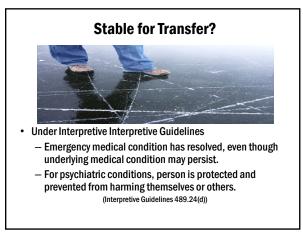


 No material deterioration of condition is likely, within a reasonable medical probability, to result from transfer, or
 For pregnant woman, delivery of child and placenta. (42 CFR 489.24(b))

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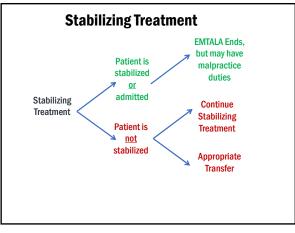




Stable for Discharge?

- Within reasonable clinical confidence, patient has reached a point where their continued care (including diagnostics or treatment) could be reasonably performed as an outpatient or later as an inpatient provided the patient is given a plan for appropriate follow-up care as part of discharge instructions.
- For psychiatric conditions, that the patient is no longer a threat to themselves or others. (Interpretive Guidelines 489.24(d))

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- If a woman is having contractions:
 - Hospital must deliver the baby and placenta, or
 - Hospital must perform appropriate transfer, including discharge back to home.
- False labor must be certified by QMP after reasonable period of observation.

(42 CFR 489.24(d))

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Appropriate Transfer

• If patient is <u>not</u> stabilized, hospital may not transfer or discharge patient <u>unless</u>:

• Patient or representative requests transfer

or

Physician certifies that benefits >risks

and

Transfer is "appropriate"...
 (42 CFR 489.24(b), (d)(e); Interpretive Guidelines 489.24(a))

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Patient refusal of MSE

- · Hospital must:
 - Offer exam, treatment or transfer.
 - Document the exam, treatment or transfer that was refused.
 - Document that risks and benefits were explained to patient.
 - Document basis for refusal of transfer.
 - Take reasonable steps to secure written informed refusal.

 If patient refuses to sign, document refusal. (42 CFR 489.24(d)(3), (5))

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Case #4: Delay in MSE

"Appropriate" Transfer Transfers of unstable patients must be "appropriate", i.e.,

Transferring hospital contacts receiving facility and facility agrees to

Transfer effected through qualified personnel with proper equipment,

(42 CFR 489.24(e)(2))

Transferring hospital provides treatment within its capability to

Identify person with authority to accept for receiving facility.

minimize risk of harm to patient.

accept the transfer.

Transferring hospital sends:

including life support measures.

Relevant records available at the time.
 Name on-call physician who failed to respond, if any.

Additional records as soon as practicable.

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EMTALA Delays

- · Cannot delay exam or treatment to inquire about payment.
- Cannot seek preauthorization from insurer until after you have conducted exam and initiated stabilizing treatment.
- Do not suggest to patient that:
 - They should leave.
 - They could obtain services elsewhere at less cost.
 - Insurance may not cover treatment.

(Interpretive Guidelines 489.24(a), (d)(4))



Kim C. Stanger 208-383-3913 kcstanger@hollandhart.com www.hollandhart.com www.hhlealthlawblog.com

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EMTALA Delays

- So long as it does not delay or discourage exam or treatment, hospital <u>may:</u>
 - Follow reasonable registration process
 - Contact primary physician or health plan to obtain history or identify needs.

Not seek preauthorization.

- Have knowledgeable person answer questions about payment.

(Interpretive Guidelines 489.24(a))

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Avoiding Penalties

- · Do what is in the best interest of the patient.
- Document, document, document!
 - Appropriate medical screening exam, including:
 - Performed by QMP.
 - Addressed presenting symptoms.
 - Ongoing monitoring.
 - Whether patient had emergency medical condition.
 - Whether patient was stabilized.
 - Patient received appropriate transfer, including physician
 - certification of risks and benefits.
 - Patient left AMA.

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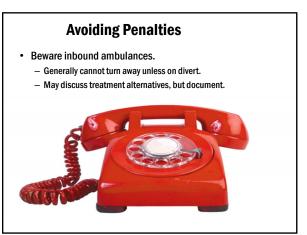




Avoiding Penalties

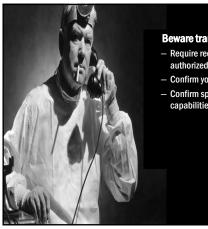
- Maintain written EMTALA policies, forms and signs.
- Train and re-train staff regarding EMTALA compliance. – Document the training.
- · Maintain on-call list.
- · Ensure physicians respond to call.
- Ensure QMPs are identified and qualified.
 - Identified in document approved by board.
 - Privileged to provide screening exams.
- · Maintain and periodically review ED log.
 - Update as appropriate.

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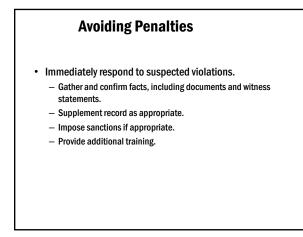




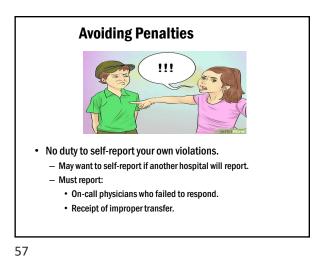
Beware transfer requests Require requests to come to

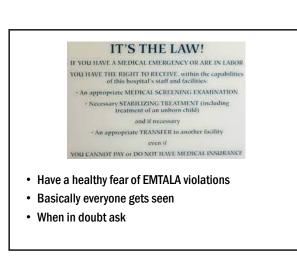
- authorized persons. Confirm your own capacity.
- Confirm specialized
- capabilities.

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Avoiding Penalties

- · If government investigates:
 - Cooperate with investigation.
 - Gather and supplement with important facts.
 - Implement appropriate plan of correction.
 - Respond with your explanation of the facts.
 - · If there was no EMTALA violation, explain why.
 - · If there was EMTALA violation, explain why you should not be
 - penalized, e.g.,
 - Appropriate policies in place.
 - Appropriate training. - Rogue employee.
 - Corrective action taken.

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