# Preventing and Limiting Secondary Stress in Medicine, Nursing and Pastoral Care

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#### **Disclosures**



**Robert J. Wicks, Psy.D.** has no relevant financial relationships with ACCME-defined commercial interests.

All **Ascension planners and reviewers** have no relevant financial relationships with ACCME-defined commercial interests.

The **SSM planning committee** has no financial statements to disclose.

\*A commercial interest is any entity producing marketing, re-selling, or distributed health care good and services consumed by, or used on, patients.





#### **Disclosures**



Mary J. Salm, MTS, BCC None

Robert Wicks, Psy.D. None

**CME Committee:** 

Jeffrey Goldstein, MD None

Jenny Chambers Employment/Salary (Husband): Biosense Webster

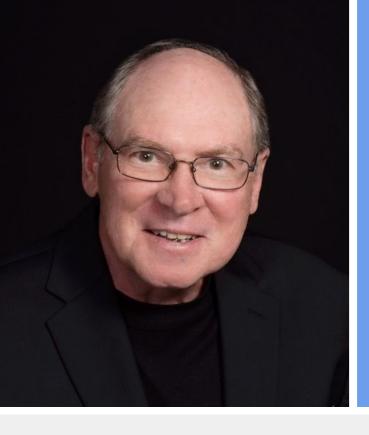
Sadie Samson, RN None

#### **CME Information**

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Robert J. Wicks, Psy.D.









# Cristi Gillming Program Manager, Clinical Operations Ascension









# Sources for Further Reading

Wicks, R. and Donnelly, G. *Overcoming Secondary Stress in Medical and Nursing Practice* (Second Edition) New York: Oxford University Press, 2021.

Wicks, R. *Perspective: The Calm within the Storm* New York: Oxford University Press, 2014.

Wicks, R. *Night Call: Embracing Compassion and Hope in a Troubled World* New York: Oxford University Press, 2018.

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