Human Trafficking and Health Care They don't trust us...

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Disclosure

- · Family owns a medical device company
- I am a researcher, historically funded
 - National Institutes of Justice Office of Justice Programs
 - Department of Justice
 - Center for Medicare and Medicaid Services
 - Health & Human Services
 - Health Resources and Services Administration
 - Office of Violence Against WomenOffice for Victims of Crime
 - Others...

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Human Trafficking and Health Care They don't trust us...

OBJECTIVES

eventual trust

- Familiarize audience with the proliferation of human trafficking, types of trafficking, and legislation influencing of trafficking
 Review adverse childhood experiences data as it relates to HT
- Review adverse childhood experiences data as it relates
 Review implicit and explicit bias in healthcare systems
- Review inplicit and explicit blas in learnicate
 Introduce trauma informed care and principles
- Review one-on-one strategies for mitigating explicit biases when working with persons experiencing human trafficking for the purposes of establishing safety and



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Objective 1

Familiarize audience with the proliferation of human trafficking, types of human trafficking, and legislation influencing human trafficking



The Statistics

- Unknown Largely trafficking is hidden
- 2014 20.9 million people (15.8 million women) were subjected to forced labor globally, including for commercial sexual exploitation
- 2018 164 million workers worldwide
- No standardized methods for collecting and reporting good data
- Law enforcement often prosecute sex trafficking of children

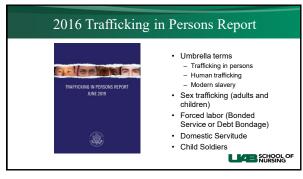










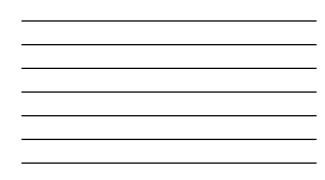


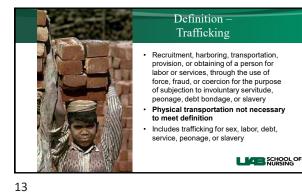
The Palermo Protocol

- Supplemented the UN Convention against Transnational Organized Crime
- A Protocol to prevent, surpass, and punish trafficking in persons, especially women and children
- Transition in the movement against human trafficking, regardless of type
- trafficking and stop traffickers and protect victims, prevent future victimization, and promote cooperation among countries

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Polaris Definition

- · Human trafficking is the business of stealing freedom for profit
- Trafficker's trick, defraud or physically force victims into providing commercial sex
- Victims are lied to, assaulted, threatened or manipulated into working under inhumane, illegal or otherwise unacceptable conditions

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• A multi-billion-dollar criminal industry that denies freedom to 24.9 – 45 million people around the world

Source: https://polarisproject.org/humantrafficking?gcid=Cj0KCQiAwijVBRCJARisAHYewPOefUEZxq9iSgL48zbQv3qF_ir1S9iw86T6Hz1I UJGoVTmSVEL64AnMYERLw wB



Combatting Human Trafficking

- Prevention
 - Legislative changes, policy, and community collaboration
- Prosecution
 - Palermo Protocol
 - Transnational Organized
 - Crime Convention
 State and Federal
- U.S. DEPARTMENT OF STATE

UNITED NATION

- Protection
 - Identification, rescue, restore, protect from retaliation
 - Emergency services, housing, long term support

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Review Adverse Childhood Experiences (ACEs) data as it relates to Human Trafficking



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Adverse Childhood Experiences (ACE)

- Filletti & Anda, 1998
 - 17,000 participants over 20 years
 - Studied long term effects of childhood trauma
 - Found increased mental health problems, increased risk behavior, increased health care costs, early death by as many as 20 years before their counterparts without ACE

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Adverse Childhood Experiences Score

- Did a parent or other adult in the household often or very often... Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?
- Did a parent or other adult in the household often or very often... Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?
- Did an adult or person at least 5 years older than you ever... Touch or fondle you or have you touch their body in a sexual way? or Attempt or actually have oral, anal, or vaginal intercourse with you?
- 4. Did you often or very often feel that ... No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other?
- 5. Was a biological parent ever lost to you through divorce, abandonment, or other reason?

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Adverse Childhood Experiences Score

- Did you often or very often feel that ... You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?
 Was your mother or stepmother:
- 7. was your mouries of stephnouter.
 Often or very often pushed, grabbed, slapped, or had something thrown at her? or Sometimes, often, or very often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?
- 8. Did you live with anyone who was a problem drinker or alcoholic, or who used street drugs?
- 9. Was a household member depressed or mentally ill, or did a household member attempt suicide?
- 10. Did a household member go to prison?

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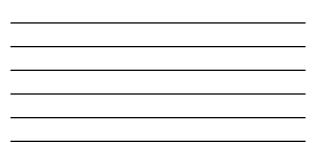
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Adverse Childhood Experiences Scoring

- 1 point for each category, regardless of number of times
- Increasing incidence at younger age creates complex trauma reactions
- Since this study, several other ACEs identified
 - Bullying
 - Frequent moves
 - others

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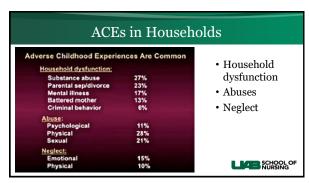


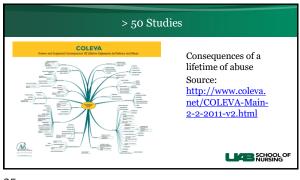


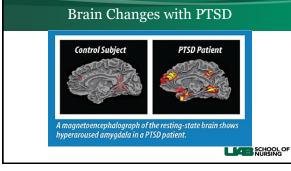
What does a high ACE score mean?

Scores of 4 or more ...

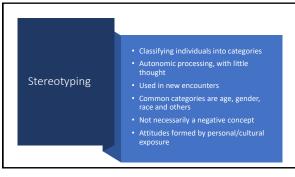
- Chronic obstructive pulmonary lung disease <u>increases</u> 390 percent
- Hepatitis <u>increases</u> 240 percent
- Depression <u>increases</u> 460 percent
- Suicide increases 1,220 percent

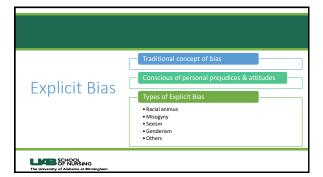






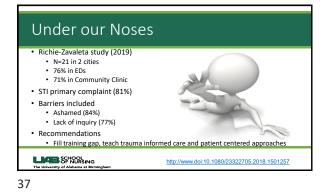


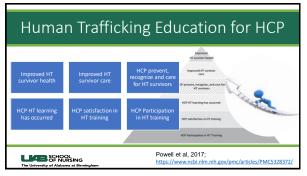




| Implicit Bias |
|--|
| Subconscious feelings, perceptions, attitudes, and stereotypes |
| Developed as a result of prior influences and imprints |
| Automatic, either positive or negative preference |
| Does not require animus |
| Requires only knowledge of a stereotype to produce discriminatory actions |
| Just as problematic as explicit bias, because both may produce discriminatory behavior |
| Individual may be unaware that biases where bias rather than situational facts drive decisions |
| The University of Alabama at Berningham |







| Trafficking Methods | | | | |
|---|--|---|--|--|
| What – Act | How – Means | Why – Purpose | | |
| Recruitment Transport Local National Transnational Transfer Harboring Receipt of persons | Threat of force Coercion Abduction Fraud Deception Abuse of power Vulnerability Bribery, payments | Exploitation Prostitution Sexual Forced labor Slavery Organ removal Forced soldiering Exploitation | | |
| Source: http://www.unodc.org | | | | |

Where do you find victims?

- · Street exploitation
- Truck Stops
- Commercial-Front Brothels
- · Hotels and Motels
- Internet/webcamPornography/strip clubs

· Private Residences

- Motels
- Escort Services

Seeking Healthcare

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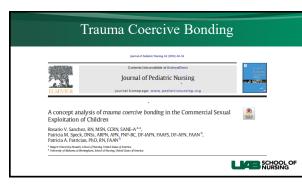
Who are the Pimps?

- 19-45 years old
- Average education is 9.3 years
- 50% completed high school
- 95.5% have a history of drug or alcohol abuse
- 90% had a criminal record
- Makes \$150,000-\$200,000 per child each year
- Exploits an average of 4-6 girls
- Often family or neighbors

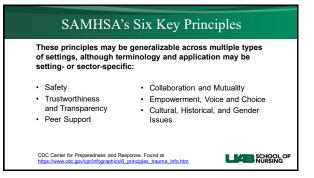
| Three Types Pimps – Known by Ploy | | | | |
|---|--|---|--|--|
| Business Pimps | Boyfriend Pimps | Guerilla Pimps | | |
| Economic perspective Promise careers Modeling or acting Create a debt bond – force to pay off | Common They are in love – romantic relationship Leads to toxic (necrotic) trauma bond Starts to isolate them Grooms them to exchange sex for money | Physical force and fear manipulate victims Kidnaps and abuses to control | | |

Common "Control" Method

- · Continue to "break"
- Threats or abuse/torture
- · Making an "example"
- Withholding money, identity
- Threats to family or children
- · Causing/exploiting pregnancy/their child
- Emotional pressure/guilt playing "boyfriend"









Trauma Informed Intervention (TIC)

 Trauma Informed Care is "a program, organization, or system that is trauma informed... realizes the widespread impact of trauma and recognizes the signs and symptoms of trauma in staff, clients, and others involved in the system; and responds by fully integrating knowledge about trauma into policies, procedures, practices, and settings." (SAMHSA, 2012, p. 4)

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Trauma Informed Care & Services

- Requires all members of the organization understand the impact of violence and victimization on individual's life and development over time, whether customer or worker
- Purpose is that every action is consistent with the recovery process **and** reduces the possibility of re-traumatization!

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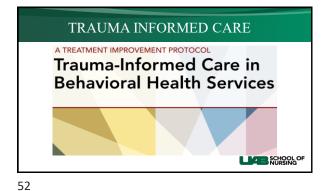
More Fundamentals

- · Here today to also...
 - Intervene using collaborative strengthbased approach
 - Recognize the struggle to overcome trauma from a chance experience perspective
 - Be nice!

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- Don't re-traumatize the person
- Begin to build a trauma-informed organization and tomorrow's workforce







- "A program, organization, or system that is trauma-informed:
 Realizes the widespread impact of trauma and understands potential paths for recovery;
 - Recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
 - Responds by fully integrating knowledge about trauma into policies, procedures, and practices; and
 - Seeks to actively resist re-traumatization."

SAMHSA, 2015 http://www.samhsa.gov/nctic/trauma-interventions

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Implementation of Trauma Informed Care

- Safety, trustworthiness and transparency, collaboration, empowerment, choice, and [system] intersectionality
- Goal setting to teach skills to create forward movement toward "resilience, ..., determination, empowerment, and selfsufficiency"
- Reduction coercive practice through recognition and intolerance
 to the behavior in systems and institutions

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TIC Competencies Therapeutic communication to · Knowledge about trauma, provide care trauma informed practice and normal development · TIC practices the skills Values and attitudes to · Communities collaborate to provide services reduce risk and increase protection · Patient-centered Organization and system policy · Quality Improvement changes

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The Nature of the Trauma

- The degree and age of exposure (earlier = more severe health outcomes)
- Directly affected (resulting in injury, illness)
- · Loss of a significant other
- Loss of home, school, community (support systems)
- Witnessing violence
- · Indirect exposure (friends, media)
- Human inflicted trauma (war, trafficking, family betrayal)



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| Complex Trauma | | | | |
|--|--|--|--|--|
| Multiple Events | Results in | | | |
| Psychological Financial Neglect Physical or sexual abuse Domestic violence Exploitation (Labor, Sex, or Organs) | Physiological dysregulation Emotional numbness Loss of safely and direction Inability to <i>detect</i> or <i>respond</i> to dangers Toxic, neurotic stress reactions Re-victimization and early death | | | |
| Source: NTCSN, 2013 | SCHOOL OF NURSING | | | |

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Re-traumatization

- "...occurrence of traumatic stress reactions and symptoms after exposure to multiple events"
- A re-experiencing of the trauma through exposure to triggers in the environment
 - Includes sensory see, hear, smell, taste, and touch
 Includes reactions that are normal but feel bad, like
 - emotional entrapment

Duckworth & Follette, 2011



Implementation the Six principles of Trauma Informed Care

- First, ask permission what do you want me to call you? Are you ready to come to ? If they say no, it's an opportunity to explore feelings and decisions.
- If there is bad news, be there to comfort and answer questions. Don't deliver and leave.
- If you want to change behavioral choices, engage patients in conversations
 about their health (patient-centered care)
 - "If you begin anew from this point, what story do you want to create for yourself? [Or] ...
 - "Where do you want your [life experience] to take you?
 - "How can we help you get there?"
- Learn basics of therapeutic options in TIC (motivational interviewing and coaching)

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Confidentiality

- Understand victims attempting to elope risk their and their lives and their family members' lives
- Therefore, gather information necessary for treatment, not for mandatory reporting
- Rather, refer to attorneys who have attorney-client privilege (e.g., Legal Medical Partnerships)
- Protocols drive how and who to share information under HIPAA
- Minimize staff contact with victim
- Interpreters understand confidentiality

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Provider Persona

- Poker face do not demonstrate shock at disclosures
- Express sorrow, but not judgement
- Screen for mental health and refer; if you are a MH provider, continue support through staged exposures and CBT
- Consider the impact of triggering of unpleasant neurobiological responses and minimize
- · Use the language of the victim; be descriptive
- Victims' experiences include poly-victimization, not recognized by them as crimes

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Other Interviewing TIPs

- · Tool validated on adult sex and labor trades
- Inconsistent answers are reflection of trauma, not lying
- Using tool correctly reflected in information gathered from person feeling safe and supported
- No score is reflective of trafficking experience, but totality helps determine persons trafficked
- If multiple incidents, victims will jump from event to event, not validating either but victimized in both

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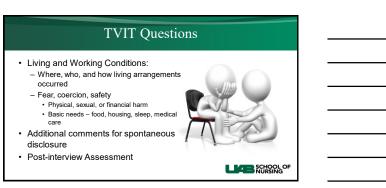
Trafficking Victim Identification Tool (TVIT)

- · Integrate the questions into existing intakes
- Background and migration
- · Working and living conditions
- · Attachment to trafficker
- Negative reactions due to fear shame
- · Loyalty to trafficker
- · Determine if victim on totality of history

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TVIT Questions

- Section 1. Screening Background: How did you get here and who brought you? Official determination, language, and interpreter use
- · Section 2.
 - Personal Background: DOB, school, country of origin, citizenship, migration and reasons, arrival to US details (who, how, and coercion method)
 - Work: type, payment, activities, housing, feelings about safety and harm risk



Medical Forensic Evaluation

- Interviewing Skills for suspicion of being trafficked
- Interview skills part of Scope and Standards of Practice for all nursing specialties
- Particularly helpful is
 - · Trauma informed care
 - · Motivational interviewing
 - Personal coaching
 - · Crisis intervention response
 - Knowledge of long-term treatment expectation for trafficking experience

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Not Wanting to Report - Accept It!

- Consult with the designated professional for your care setting, such as the charge nurse or forensic nurse to determine whether mandatory adult reporting is required.
- All child abuse is mandatory reporting.
- If mandatory reporting is not required, make sure the patient knows how to get
- help.

 National Trafficking Hotline: 888-373-7888
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Objective 5

Review one-on-one strategies for mitigating explicit biases when working with persons experiencing human trafficking for the purposes of establishing safety and eventual trust



Missed Opportunities

- 88% of victims had visited a medical provider during their period of exploitation; create safety!
 - Many presented with s/s of STI, injuries (physical or sexual)
 - Exacerbation of untreated chronic disease
 - Suicidal
 - Drug ingestion
 - Wanting contraception, abortion, help for complications with pregnancy



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Identification Tips

- Don't look for a typical victim
- Look closely at both adults and children
- If there is admission of prostitution, probably trafficked victim
- Victims do not trust even when you try, trust is not automatic or immediate and sometimes never
- Victims will lie to you as survival mechanism, so do not let it deter you and don't think badly of them – it's a method to maintain control over the environment
- They do not understand the word "trafficking"
- · They are unwilling to disclose their situation, due to fear
- · The language they use to describe situation is different
- · LISTEN... twice as long as you talk

Advocates for Human Rights http://www.theadvocatesforhumanrights.org/uploads?lips_for_working_with_victims-survivors.pdf



Minimize Bias with Understanding

- · Inconsistent answers are reflection of trauma, not lying
- Using interviewing tools correctly reflected in information gathered from person feeling safe and supported
- No tool score is reflective of trafficking experience, but totality helps determine persons trafficked
- If multiple incidents, victims will jump from event to event, not validating either but victimized in both

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Pre – Interview

- Set up safe space that is non-threatening address their fears, provide breaks, tissues,
- · Fulfill basic needs (food, shelter, medical care)
- Never interview in view of the trafficker or someone working with trafficker
- Develop rapport. Be honest, describe their rights, tell about the interview process, and roles of all
- · If E2ndL, provide interpreters
- · Assure confidentiality and be culturally sensitive for preferences

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Conversation Skills to Develop

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- General conversations first
- · Be patient, caring, and sensitive
- to fears
- Explain and answer fears with facts about process and laws
- Tell patient your experience working with victims
- Convey messages of supportDo not imply victim
- accountability OR LACK THEREOF
- Reassure they are victim of crime
- Take time to allow victim recount important experiences,
- Be respectful, without bias and
- culturally sensitive with understanding about talking about some topics

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Trafficking Victim Identification Tool (TVIT)

- · Integrate the questions into existing intakes
- Background and migration
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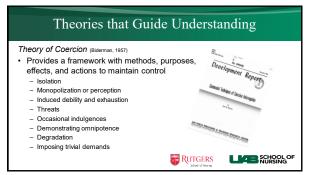
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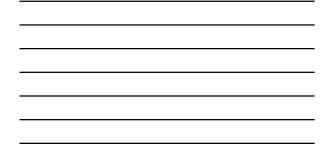




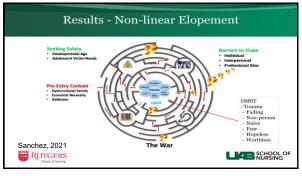
- Life Course Theory (Elder, 1994)
- Events do not occur in isolation, but rather in context
 Experience an event and another at a different time & place
 Each experience influences and affects later experiences
- Social Relationships
- Social Timing
- Historical Events









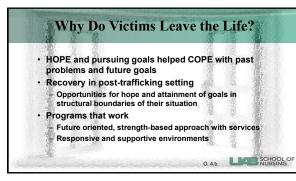






- Participants FELT willingness to work towards their future
 - a strong need to turn over a new leaf in life
 - leaving negative experiences of the past behind
 - moving towards a life with a job, a family and friends
 - In contrast, ALSO FELT a lack of autonomy and a frustrated sense of support in redressing their present situation

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In Summary

- · Be part of a larger solution
- · Seek education to diminish implicit bias
- · Eliminate explicit bias
- Implement trauma-informed care principles
- · Be kind, see the human being seeking your care
- · Earn the patient's trust

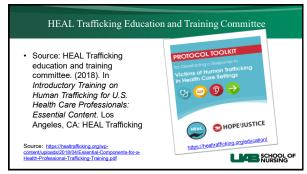
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Thank you!

• Questions?

Resources









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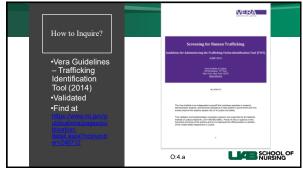
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• More provided upon request