



# **Thanks for The Mammaries:** Exploring New Treatment Approaches in Triple Negative Breast Cancer

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# Objectives

1

Define triple negative breast cancer and identify pitfalls in treatment

2

Compare and contrast previous treatment strategies vs new treatment strategies in triple negative breast cancer

3

Analyze current literature supporting novel treatment methods and discuss future treatment strategies

# Introduction

**Breast cancer is the most common cancer in women**

Cancer type	Estimated new cases (US 2022)
Breast	287,850
Lung and bronchus	123,400
Colon and rectum	70,300

**Breast Cancer Death Rates**

Overall decline of 43% from 1989-2020

# Terminology

**ER (-/+):**

Estrogen Receptor

**PR (-/+):**

Progesterone Receptor

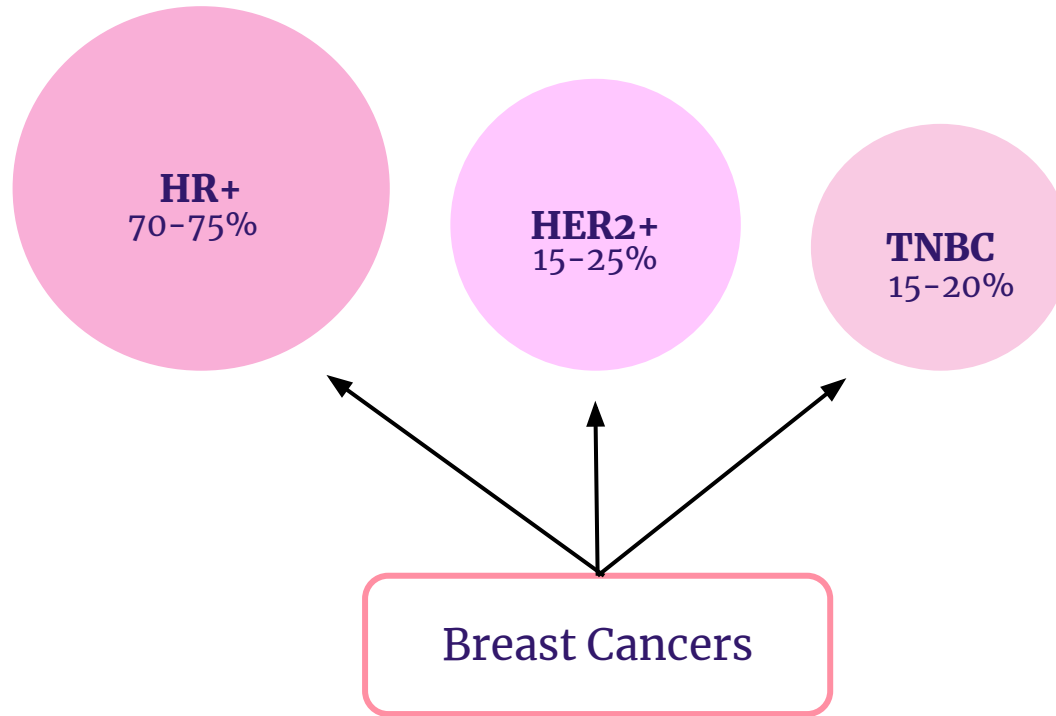
**HER2 (-/+):**

Human Epidermal Growth Factor Receptor 2

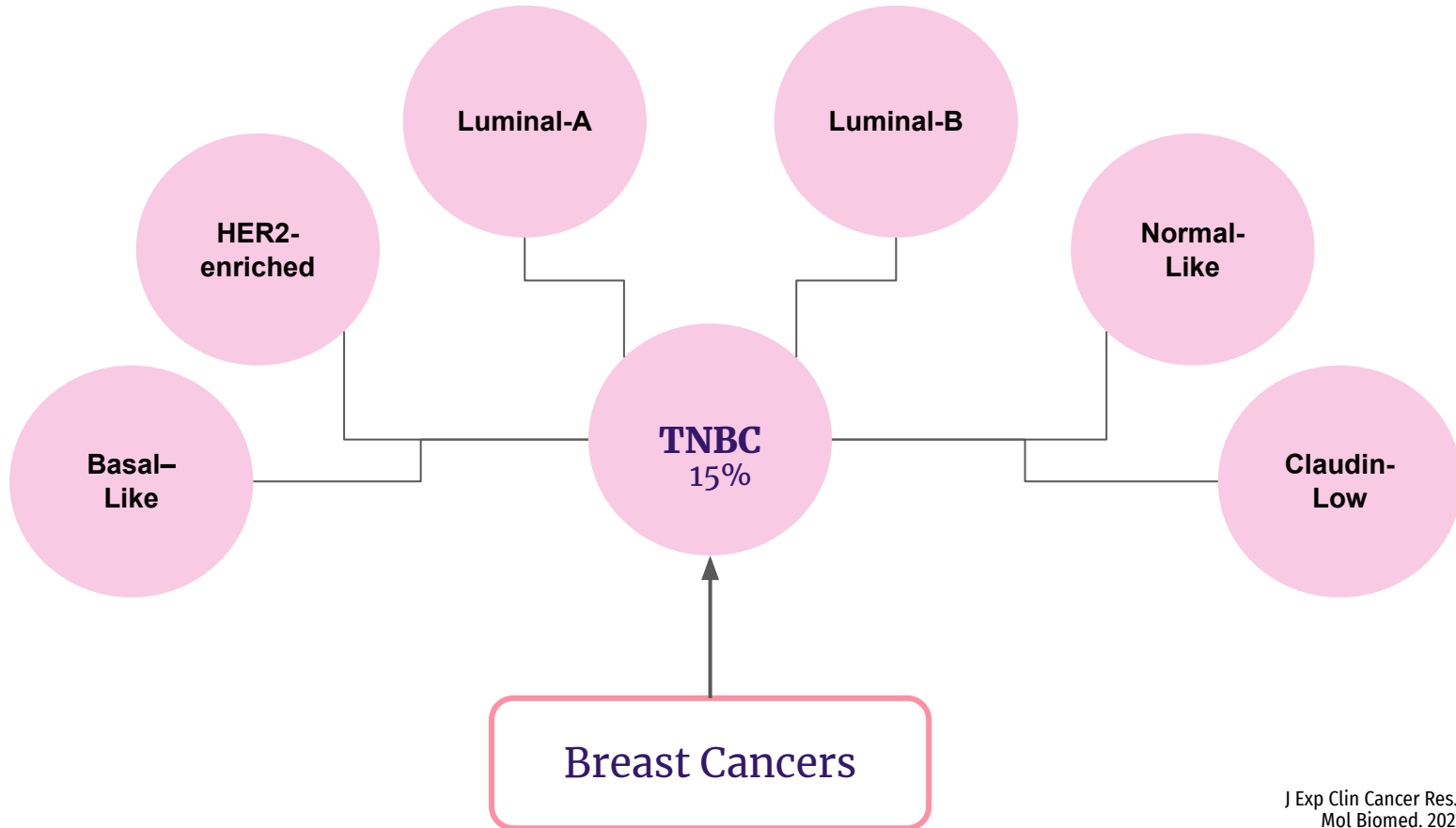
**TNBC**

Triple Negative Breast Cancer

# Breast Cancer Subtypes

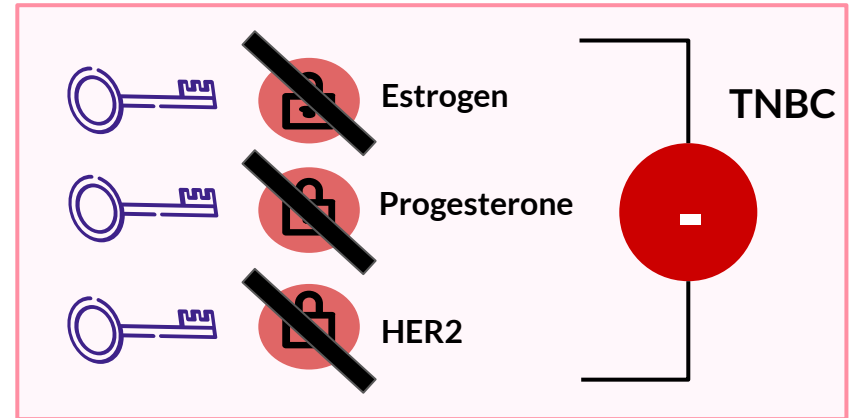
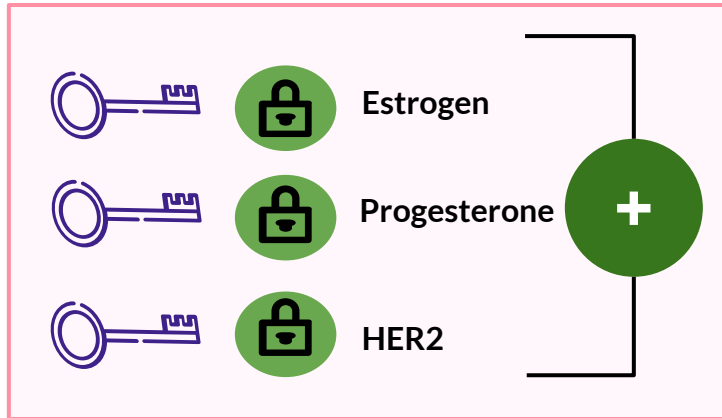
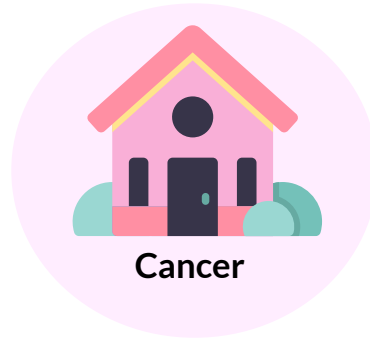


# TNBC Subtypes





# Triple Negative Breast Cancer

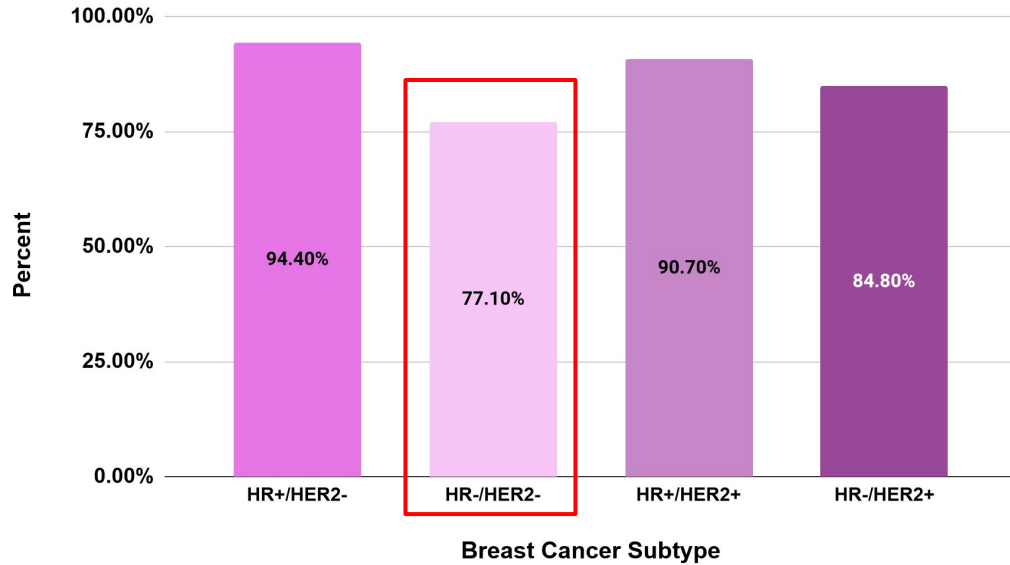


# Triple Negative Breast Cancer

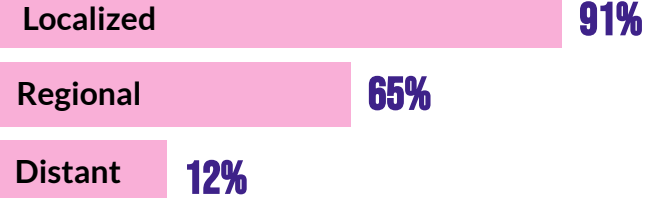
Characteristics	Epidemiology
Most malignant subtype	<u>Incidence</u> 200,000 cases each year worldwide
Limited treatment options	<u>Risk factors</u> Women $\leq$ 40 years old African american women Gene mutation (BRCA)
Poor prognosis	

# 5-Year Survival Rates

## Breast Cancer Subtype



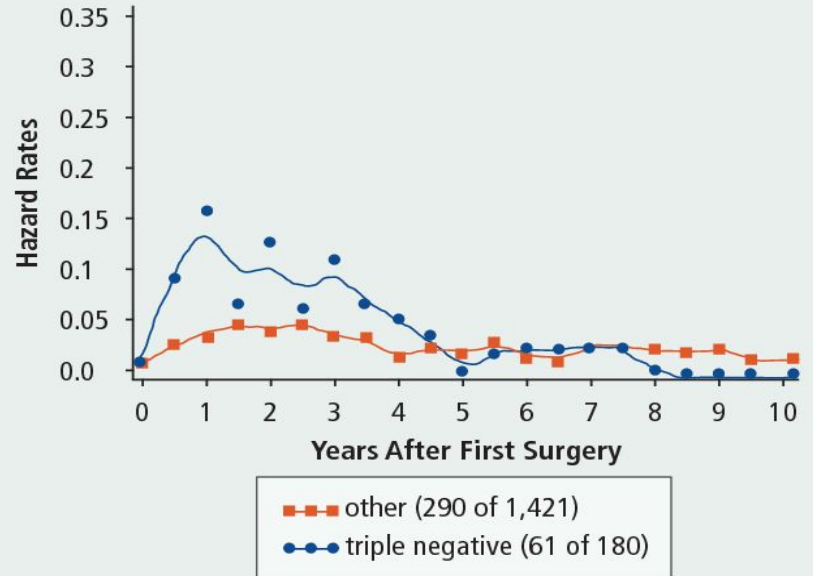
## TNBC type



# Recurrence Rates

## TNBC

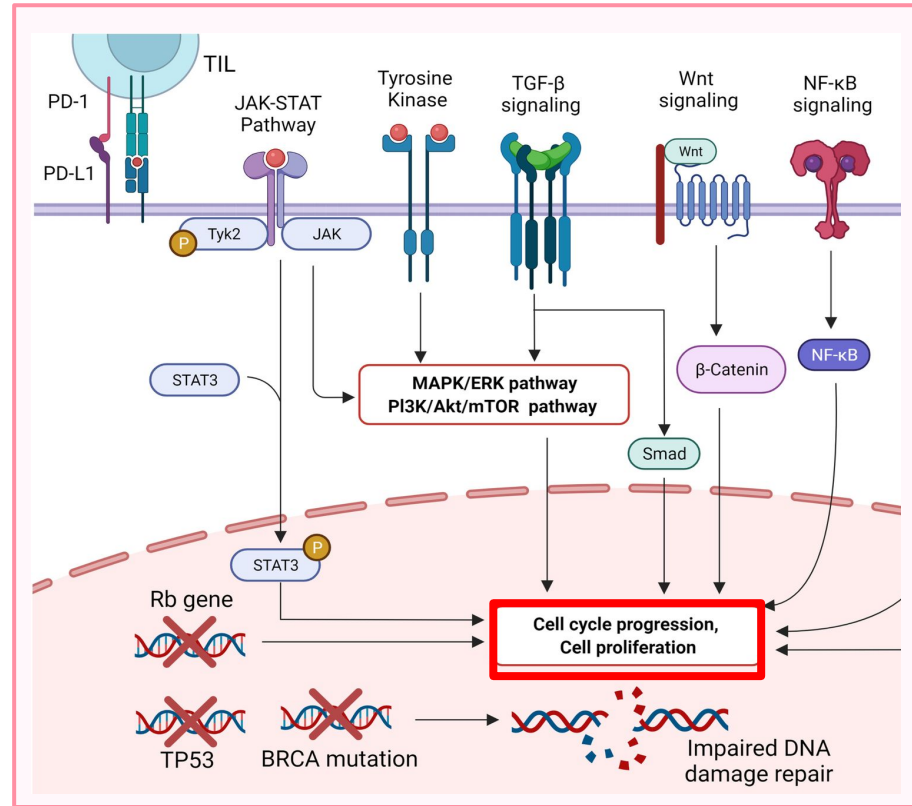
- High rates of early recurrence
- Metastatic recurrence higher
- Death from recurrence greater in TNBC versus other subtypes



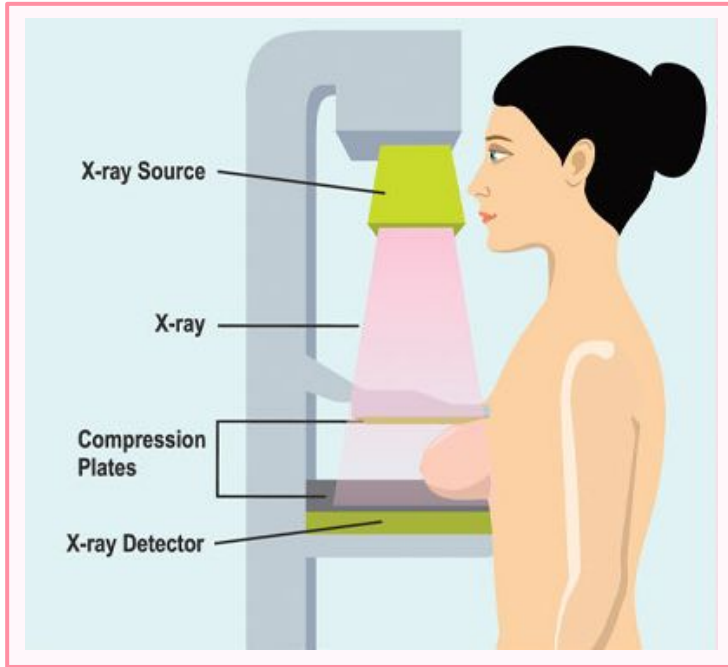
# Pathogenesis

## TNBC

- Genetic mutations
  - TP53
  - BRCA1/2
  - RB1



# Diagnosis and Testing



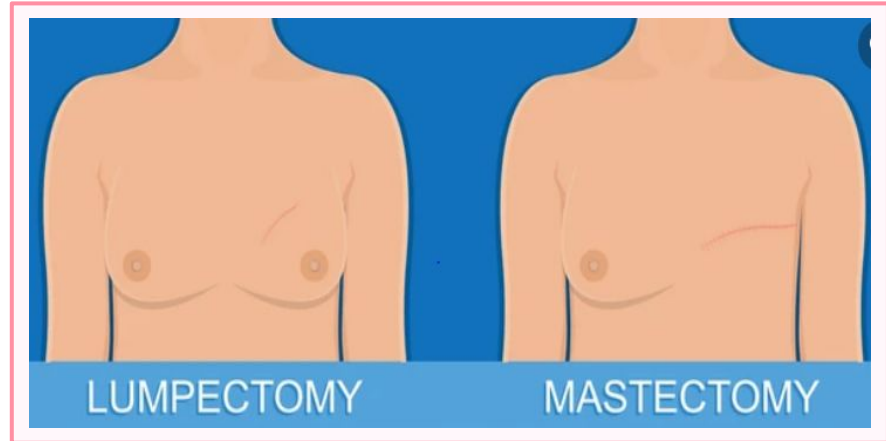
## TNBC

- **Tests**
  - Breast exam, mammogram, MRI
  - Genetic counseling and testing
  - Biopsy and tumor status

# Non-Pharmacologic Treatments

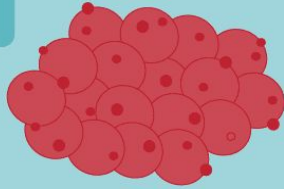
## TNBC

- **Surgery**
  - Lumpectomy
  - Mastectomy
- **Radiation**
  - External beam



# TNM Staging System

**T**



## Tumor size

**T-1:** 0-2 centimeters

**T-2:** 2-5 centimeters

**T-3:** >5 centimeters

**T-4:** Tumor has broken through skin or attached to chest wall

**N**



## Lymph Node Status

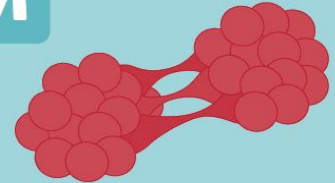
**N-0:** Surgeon can't feel any nodes

**N-1:** Surgeon can feel swollen nodes

**N-2:** Nodes feel swollen and lumpy

**N-3:** Swollen nodes located near collarbone

**M**



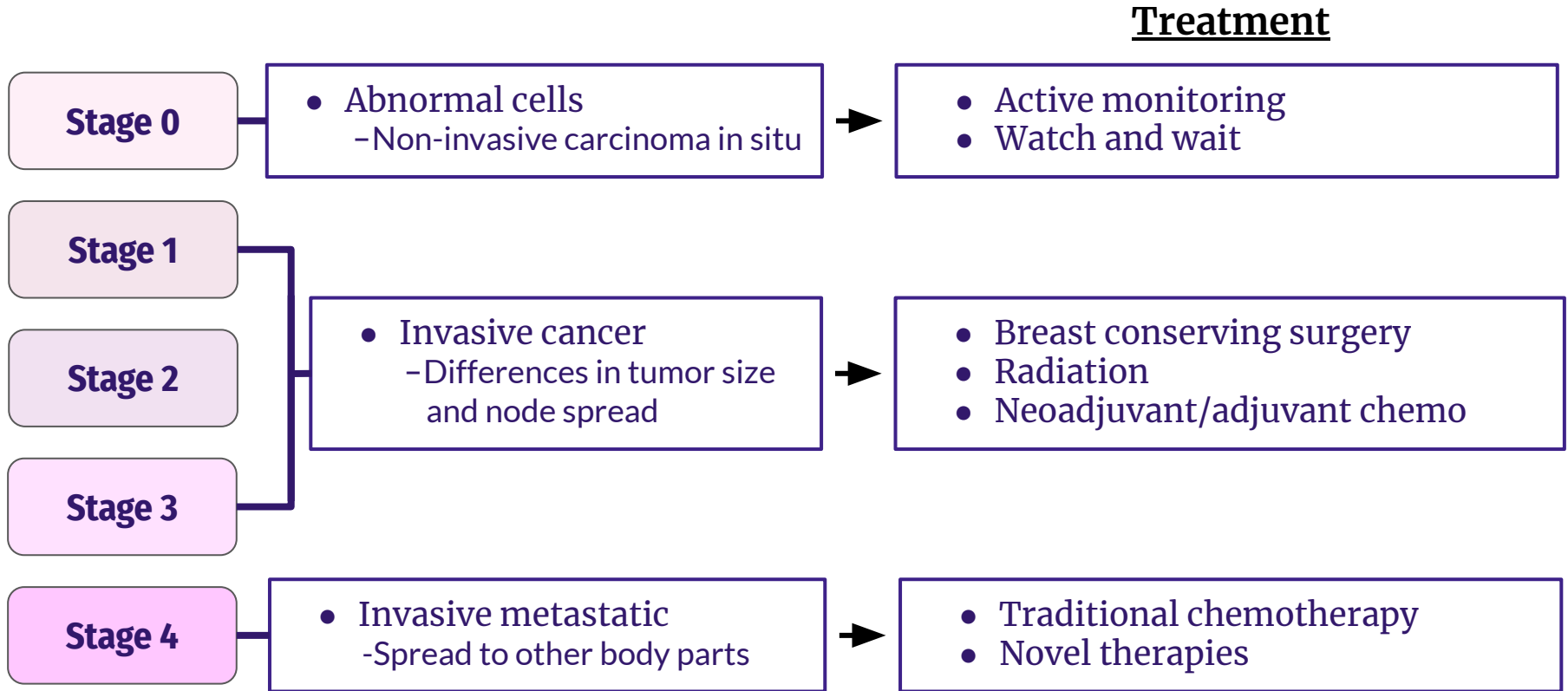
## Metastasis

**M-0:** Tested nodes are cancer-free

**M-1:** Tested nodes show cancer cells or micrometastasis



# TNBC Stages



# Pitfalls in TNBC

Lack of therapeutic targets

TNBC heterogeneity not well understood

Reliable biomarkers not well identified

# Summary



TNBC lacks ER, PR and HER2. It accounts for 15-20% of breast cancer worldwide and is associated with greater recurrence and mortality rates

Diagnosis and management are similar to other breast cancers. However, complexity of TNBC leads to limited treatment and poor outcomes

# Assessment Question 1

Triple negative breast cancer is an aggressive type of breast cancer compared to other subtypes. What characteristics of triple negative breast cancer is associated with difficulty in treatment and poor prognosis?

- a. Lack of receptors present (ER,PR,HER2)
- b. Complex pathogenesis
- c. Heterogeneity
- d. All of the above

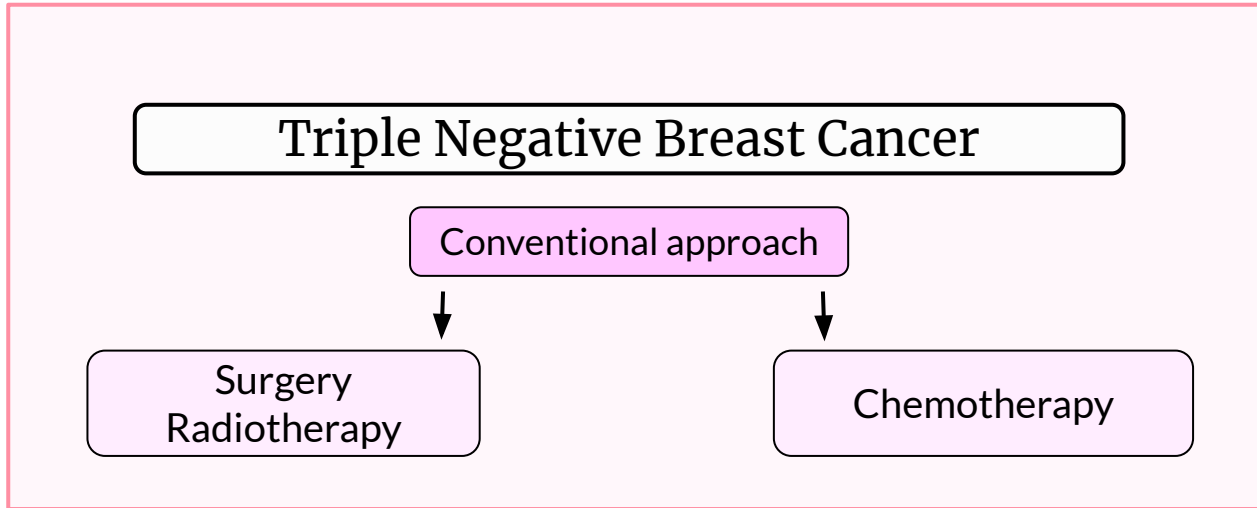
# Assessment Question 1

Triple negative breast cancer is an aggressive type of breast cancer compared to other subtypes. What characteristics of triple negative breast cancer is associated with difficulty in treatment and poor prognosis?

- a. Lack of receptors present (ER,PR,HER2)
- b. Complex pathogenesis
- c. Heterogeneity
- d. All of the above**

# **Treatment Approaches for Triple Negative Breast Cancer**

# TNBC Treatment Strategies



# Common Chemo Regimen

<b>Regimen:</b> (dd)AC → T	Dose Dense Doxorubicin + Cyclophosphamide followed by Paclitaxel
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Agent	DD Dosing* (Every 2 weeks )	Cycles	Adverse Events
(dd) Doxorubicin +	60 mg/m <sup>2</sup> IV	4	Cardiotoxicity
Cyclophosphamide	600 mg/m <sup>2</sup> IV	4	Hemorrhagic Cystitis

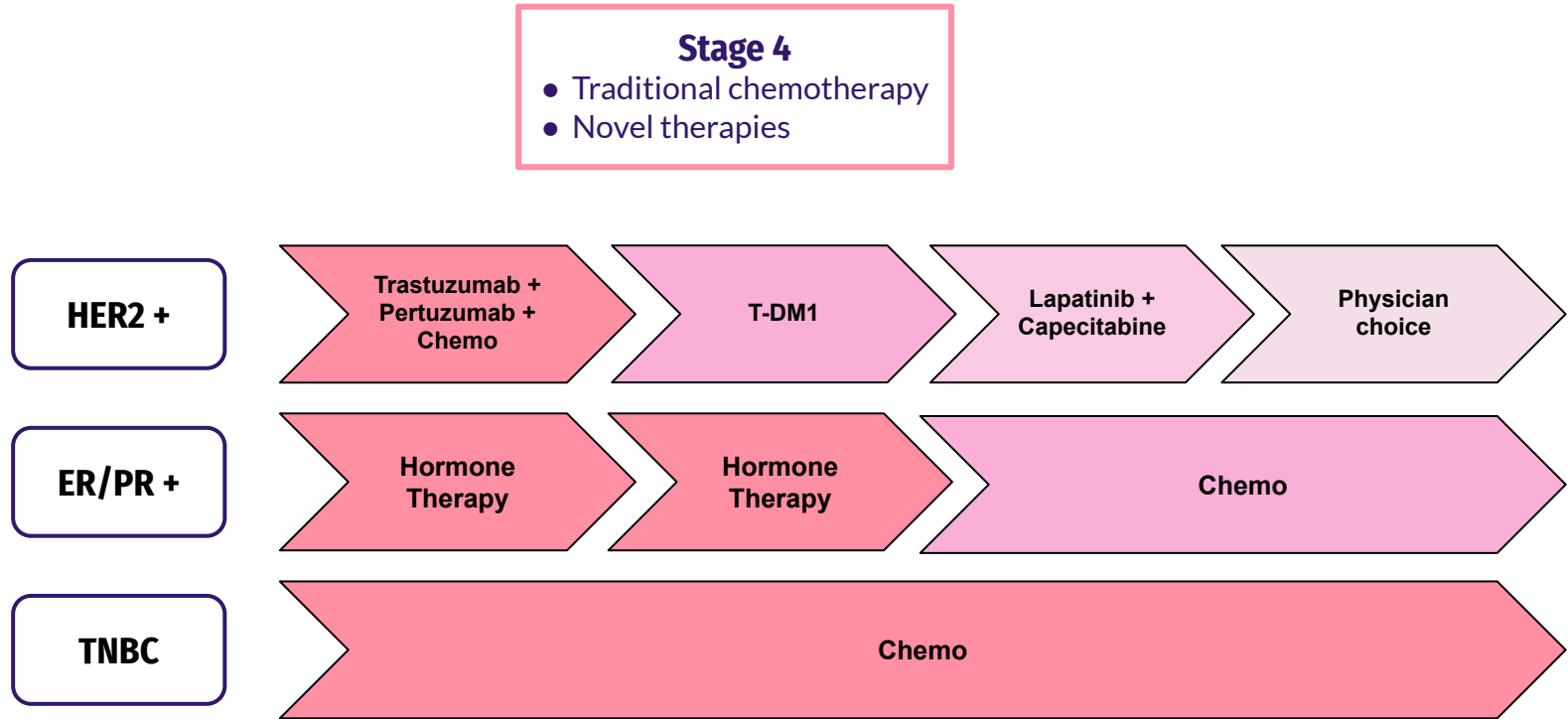
*\*Non dose dense (every 3 weeks)*

Agent	Dosing (Every 1 week x 12 doses )	Cycles	Adverse Events
Paclitaxel	175 mg/m <sup>2</sup> IV	4	Hypersensitivity reactions

DD: Dose Dense  
 A: Adriamycin® (Doxorubicin)  
 C: Cytoxan® (Cyclophosphamide)  
 T: Taxotere® (Docetaxel)



# Treatments for Metastatic Breast Cancer



\*Potential treatment algorithm. Treatment varies between each patient

# Traditional Chemotherapy Agents for mTNBC

## mTNBC

- Individualized
- Mono or combination therapy
- Selection factors
  - Prior treatment
  - Tumor burden
  - Side effect profile

### Taxanes

- Paclitaxel
- Docetaxel

### Anthracyclines

- Doxorubicin
- Epirubicin

### Antimetabolites

- Capecitabine
- Gemcitabine

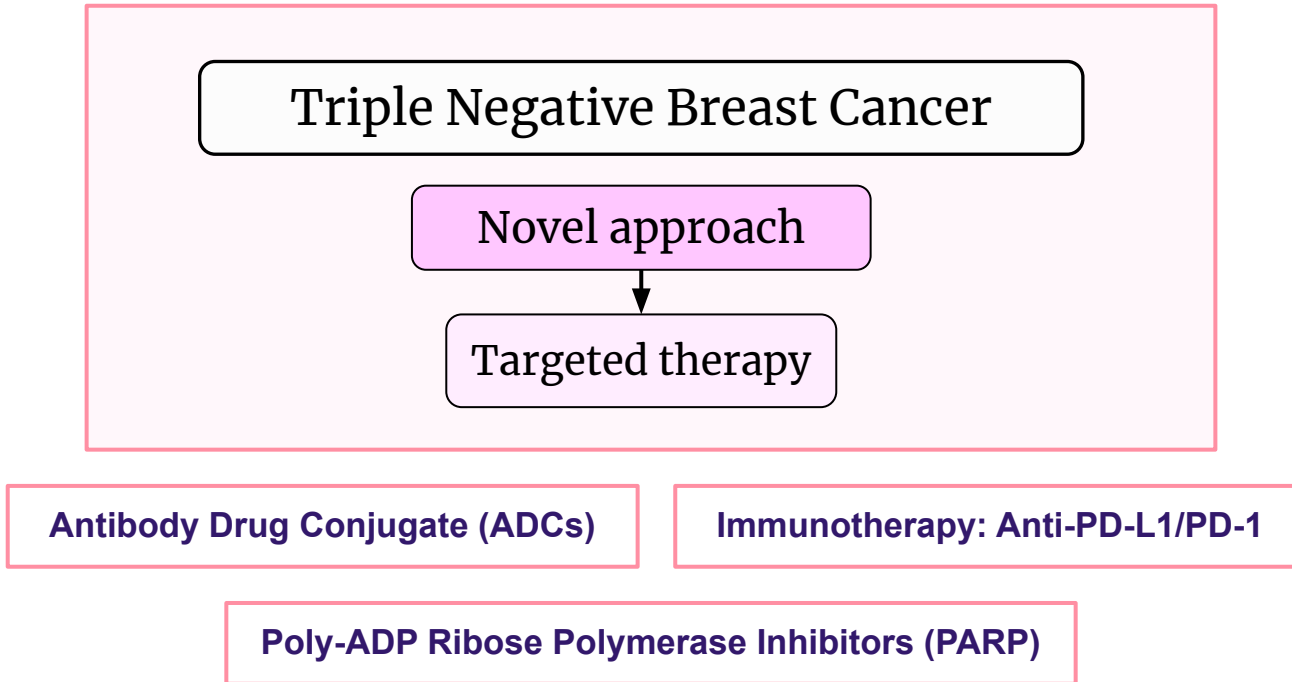
### Platinums

- Cisplatin
- Carboplatin

### Antimicrotubules

- Vinorelbine
- Eribulin

# Novel Treatment Approaches in TNBC



# Olaparib

## Indication\*

Early, high-risk, or metastatic HER2 negative breast cancer with germline BRCA-mutation in the adjuvant setting

\*Other types of cancer indication not listed

## Dosing

Tablet: 300 mg BID until disease progression or unacceptable toxicity

## Adverse Effects

Common: Nausea, anemia, fatigue, vomiting, neutropenia

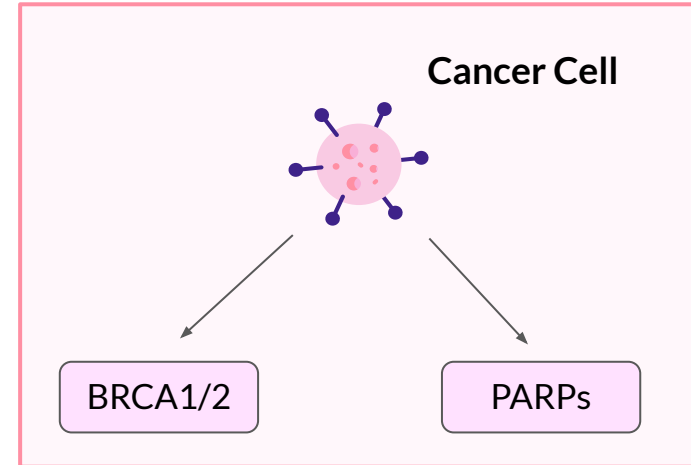
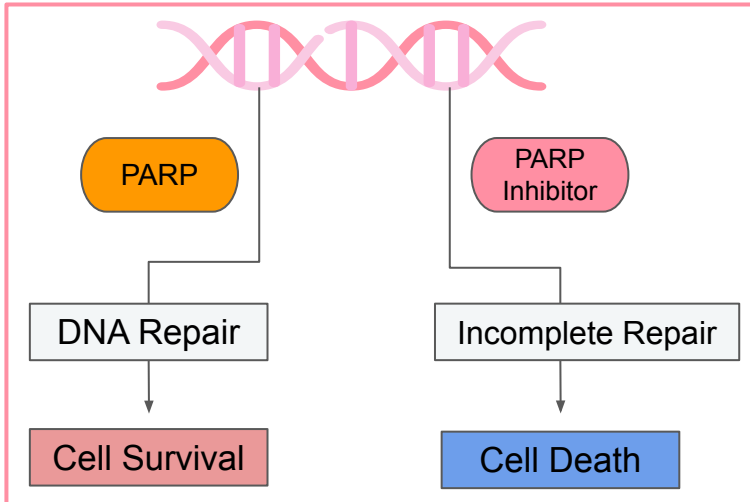
## Monitoring

Laboratory: Hemoglobin, platelets, absolute neutrophil count

# PARP Inhibitors

## Poly-ADP Ribose Polymerase

- BRCA proteins (BRCA1/2)
  - Abnormal BRCA
    - Lose repairing mechanism
    - Increase chance of cancer

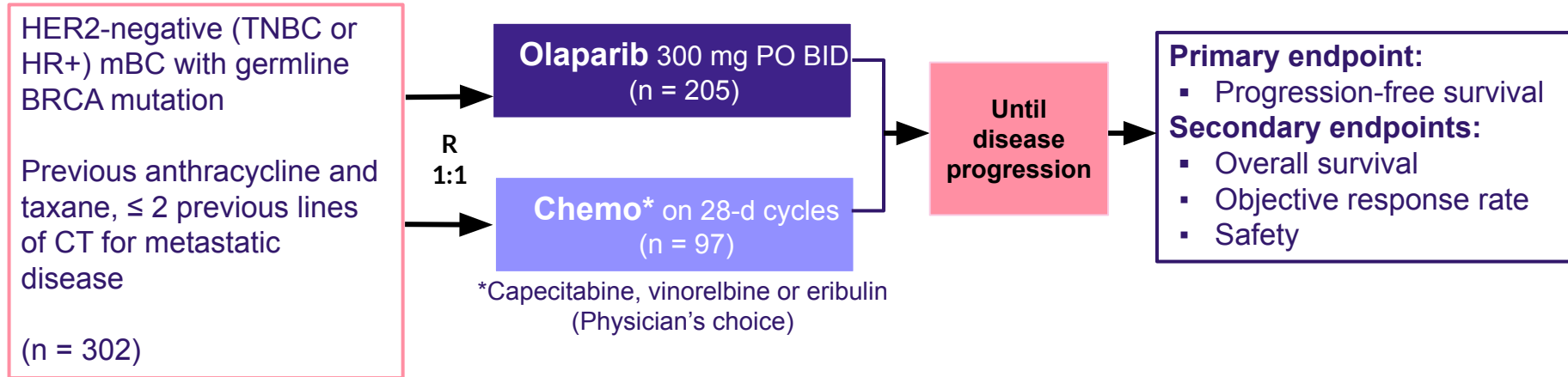


# OlympiAD: Olaparib vs Chemotherapy

## Olaparib for Metastatic Breast Cancer in Patients with a Germline BRCA Mutation

<b>Design</b>	International, multicenter, randomized, controlled, phase 3 trial
<b>Objective</b>	Compared the efficacy of olaparib vs chemotherapy for metastatic breast cancer in patients with a germline BRCA mutation
<b>Primary Outcome</b>	Progression-free survival
<b>Secondary Outcomes</b>	Overall survival, objective response rate, and safety outcomes

# OlympiAD: Olaparib vs Chemotherapy



# OlympiAD: Results

## Primary Outcome

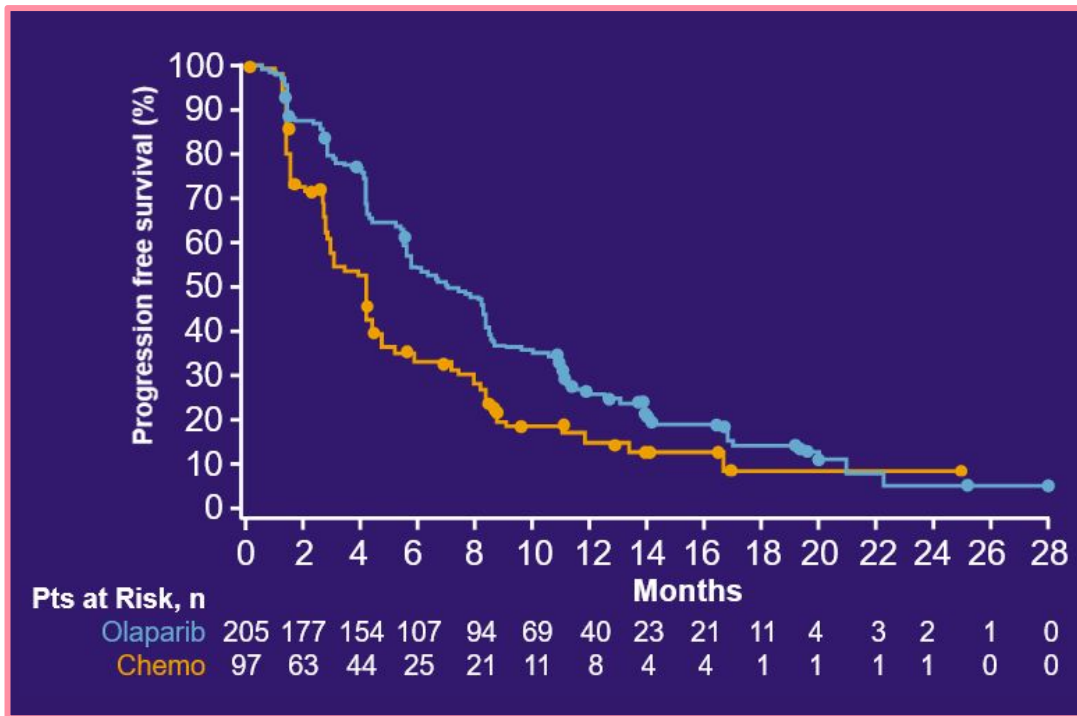
**Olaparib**

Progression, n(%) **163 (79.5)**  
Median PFS, months **7.0**

**Chemo**

71 (73.2)  
4.2

Hazard ratio: 0.58  
95% CI: 0.43-0.80  
p<0.001

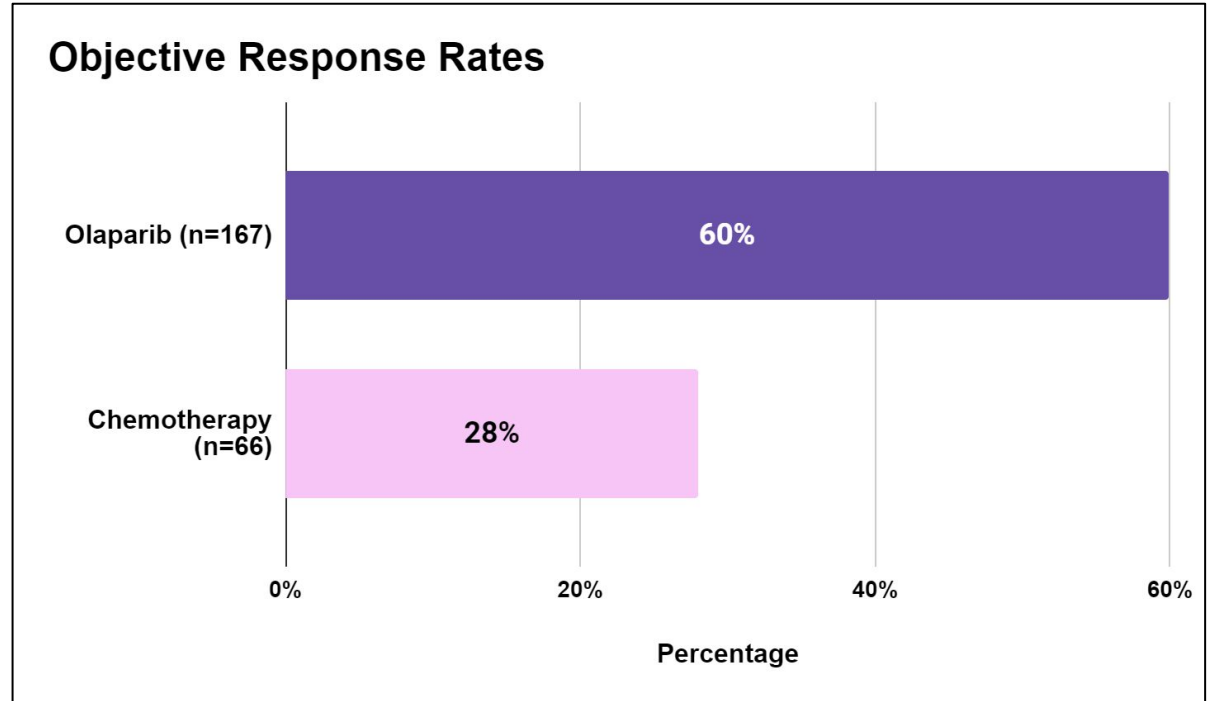




# OlympiAD: Results

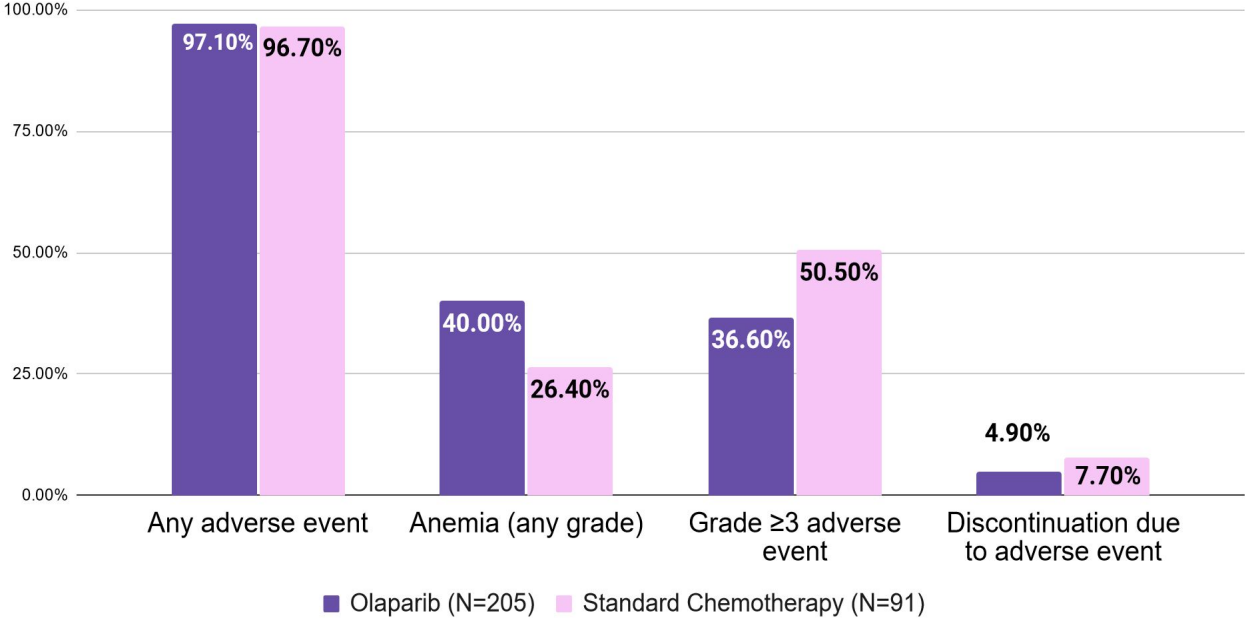
Greater tumor shrinkage  
with olaparib

Effective in patients with  
BRCA1 and BRCA2  
mutations



# OlympiAD: Results

## Adverse Events Summary



## CTCAE

- Grade 1 - Mild
- Grade 2 - Moderate
- Grade 3 - Severe (not life threatening)
- Grade 4 - Life threatening
- Grade 5 - Death

# OlympiAD: Olaparib vs Chemotherapy

## CONCLUSION

Olaparib monotherapy showed significant benefit over standard chemotherapy for patients with metastatic TNBC with a germline BRCA mutation

# Summary



Chemotherapy remains the backbone of treatment in TNBC regardless of poor outcomes

New treatment strategies in mTNBC have shown to improve prognosis compared to standard chemotherapy

# Assessment Question 2

According to the OlympiAD trial, olaparib showed an increase in progression-free survival and resulted in fewer grade 3 or higher side effects than standard chemotherapy. What is a common side effect often seen in patients taking olaparib?

- a. Anemia
- b. Dysphagia
- c. Hives
- d. None of the above

# Assessment Question 2

According to the OlympiAD trial, olaparib showed an increase in progression-free survival and resulted in fewer grade 3 or higher side effects than standard chemotherapy. What is a common side effect often seen in patients taking olaparib?

- a. **Anemia**
- b. Dysphagia
- c. Hives
- d. None of the above

# **Novel Therapies for Triple Negative Breast Cancer**

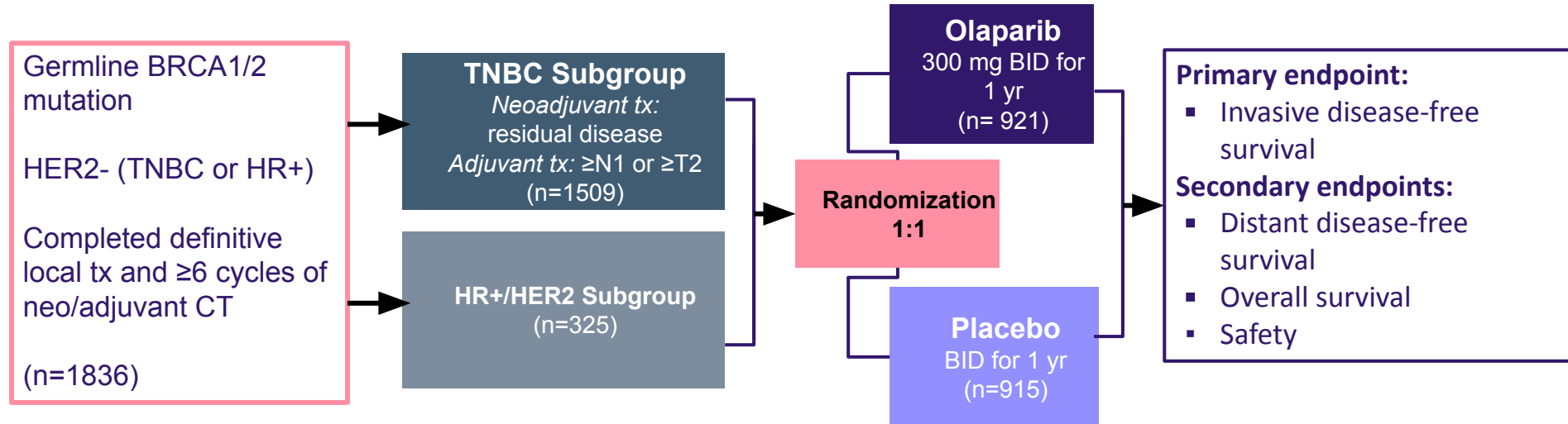
# OlympiA: Adjuvant Olaparib

## Adjuvant Olaparib for Patients with BRCA1- or BRCA2-Mutated Breast Cancer

<b>Design</b>	Multicenter, randomized, placebo controlled, phase 3 clinical trial
<b>Objective</b>	Assess the efficacy of olaparib as adjuvant therapy for patients with BRCA mutations in breast cancer
<b>Primary Outcome</b>	Invasive disease-free survival
<b>Secondary Outcomes</b>	Distant disease-free survival, overall survival and safety outcomes



# OlympiA: Olaparib

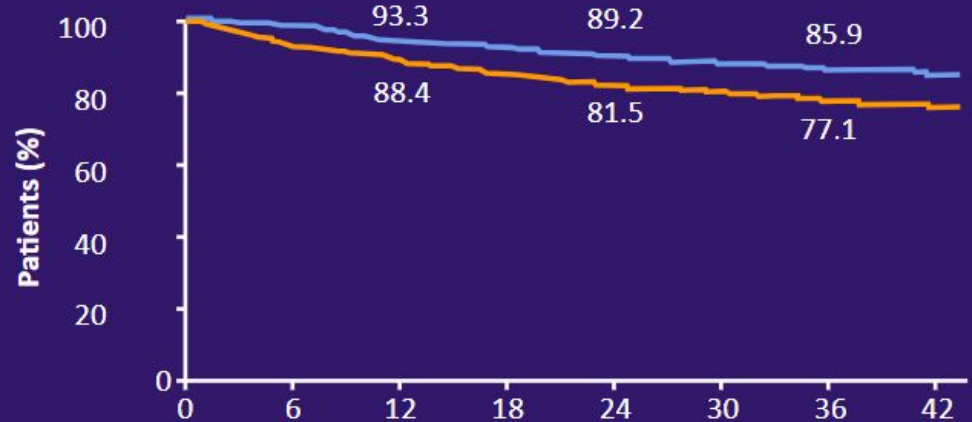


# OlympiA: Results

## Primary Outcome

	<b>Olaparib</b>	<b>Placebo</b>
Events, n	<b>106</b>	<b>178</b>
3-Yr IDFS, %	<b>85.9</b>	<b>77.1</b>
Difference, %	<b>8.8</b>	

Hazard ratio: 0.58  
 95% CI: 0.41-0.82  
 p<0.001



Pts at Risk, n

	Months							
	0	6	12	18	24	30	36	42
<b>Olaparib</b>	921	820	737	607	477	361	276	183
<b>Placebo</b>	915	807	732	585	452	353	256	173

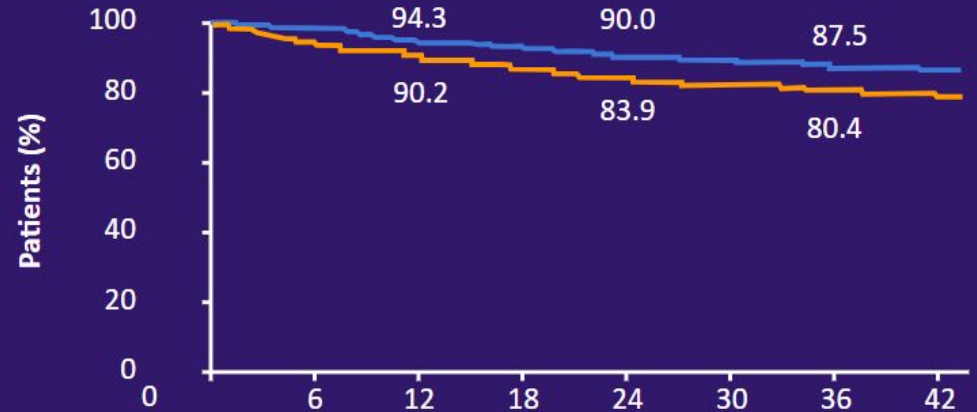
# OlympiA: Results

## Secondary Outcome

	Olaparib	Placebo
Events, n	89	152
3-Yr DDFS, %	87.5	80.4
Difference, %	7.1	

Hazard ratio: 0.57  
 99.5% CI: 0.39-0.83  
 p<0.001

Adjuvant olaparib significantly improved distant disease-free survival vs placebo



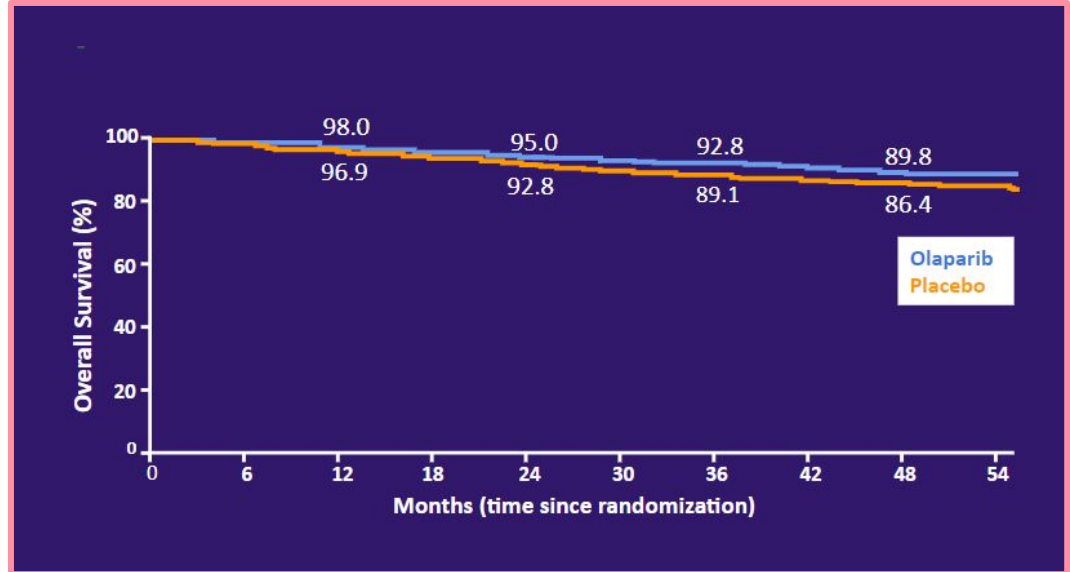
	0	6	12	18	24	30	36	42
<b>Patients at Risk, n</b>								
<b>Olaparib</b>	921	823	744	612	479	364	279	187
<b>Placebo</b>	915	817	742	594	461	359	263	179

# OlympiA: Results

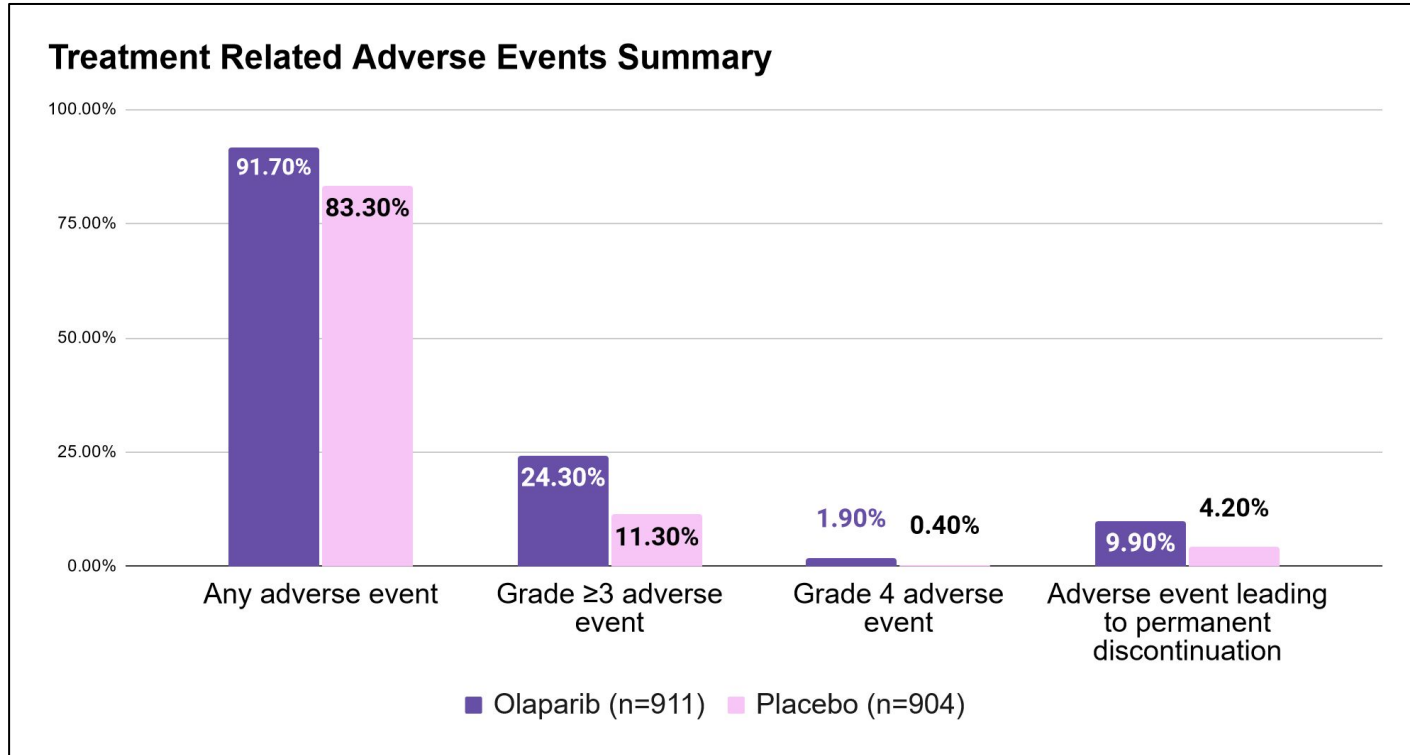
## Secondary Outcome

	Olaparib	Placebo
3-yr OS rate, %	92.0	89.1
Median follow up	3.5 years	
Difference, %	7.1	

Hazard ratio: 0.68  
98.5% CI: 0.47-0.97  
p<0.009



# OlympiA: Results



# OlympiA: Olaparib

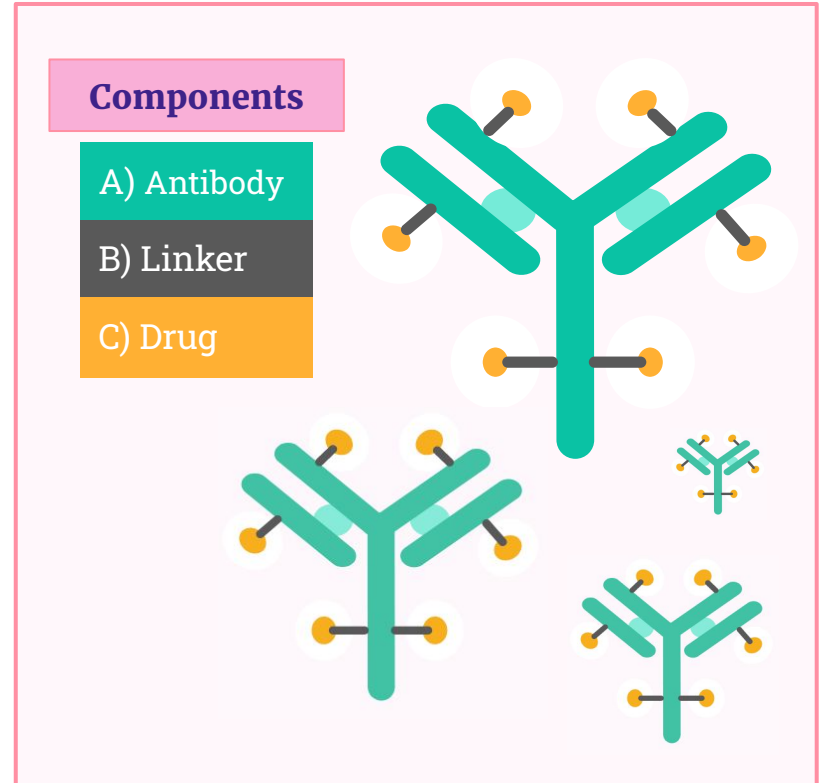
## CONCLUSION

In patients with TNBC, adjuvant olaparib after treatment with chemotherapy showed significantly longer survival free of invasive or distant disease than placebo in patients with germline BRCA mutations

# Antibody-Drug Conjugates (ADCs)

## ADCs

- **Anticancer targeted therapy**
  - Activity against solid tumors
    - Cytotoxic payload
  - Four ADCs currently approved for solid tumors



# Sacituzumab Govitecan

## Indication\*

Locally advanced or metastatic, relapsed or refractory TNBC

\*Other types of cancer indication not listed

## Dosing

IV: 10 mg/kg on days 1 and 8 of a 21-day treatment cycle; continue until disease progression or unacceptable toxicity

## Adverse Effects

Common: Fatigue, neutropenia, diarrhea, nausea, alopecia

## Monitoring

Laboratory: Neutropenia, electrolytes



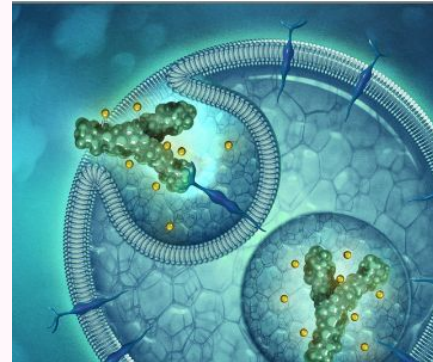
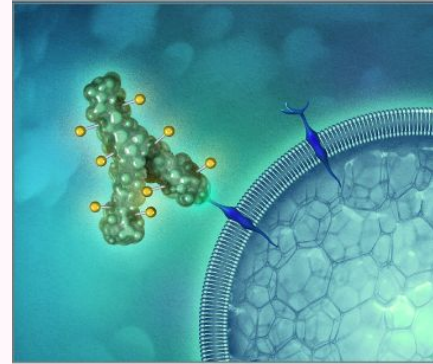
# Sacituzumab Govitecan

## ADCs

- FDA approved April 2020
- Antibody
  - Humanized anti-trop-2
- Linker
  - High drug to antibody ratio
- Cytotoxic payload
  - Antineoplastic SN-38

## Mechanism

1. Attach
2. Penetrate
3. Destroy

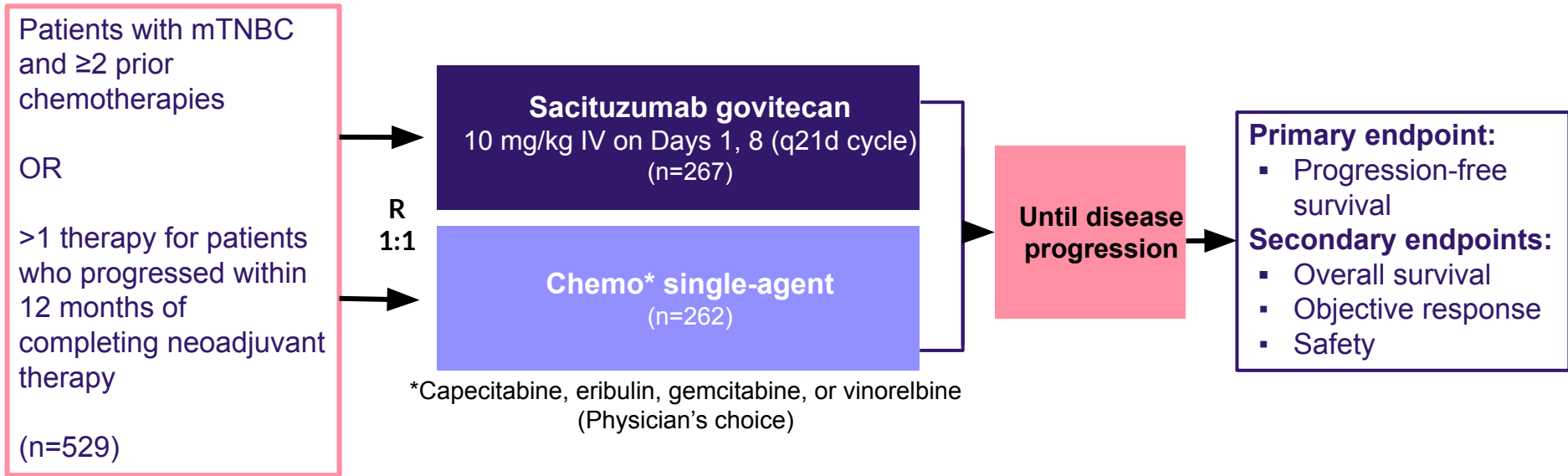


# ASCENT Study: Sacituzumab Govitecan

## Sacituzumab Govitecan in Metastatic Triple-Negative Breast Cancer

<b>Design</b>	Global, open-label, randomized, phase 3 trial
<b>Objective</b>	Evaluate the efficacy of sacituzumab govitecan compared to single agent chemotherapy in patients with relapsed or refractory mTNBC
<b>Primary Outcome</b>	Progression-free survival among patients without brain metastases
<b>Secondary Outcomes</b>	Overall survival, objective response, and safety outcomes

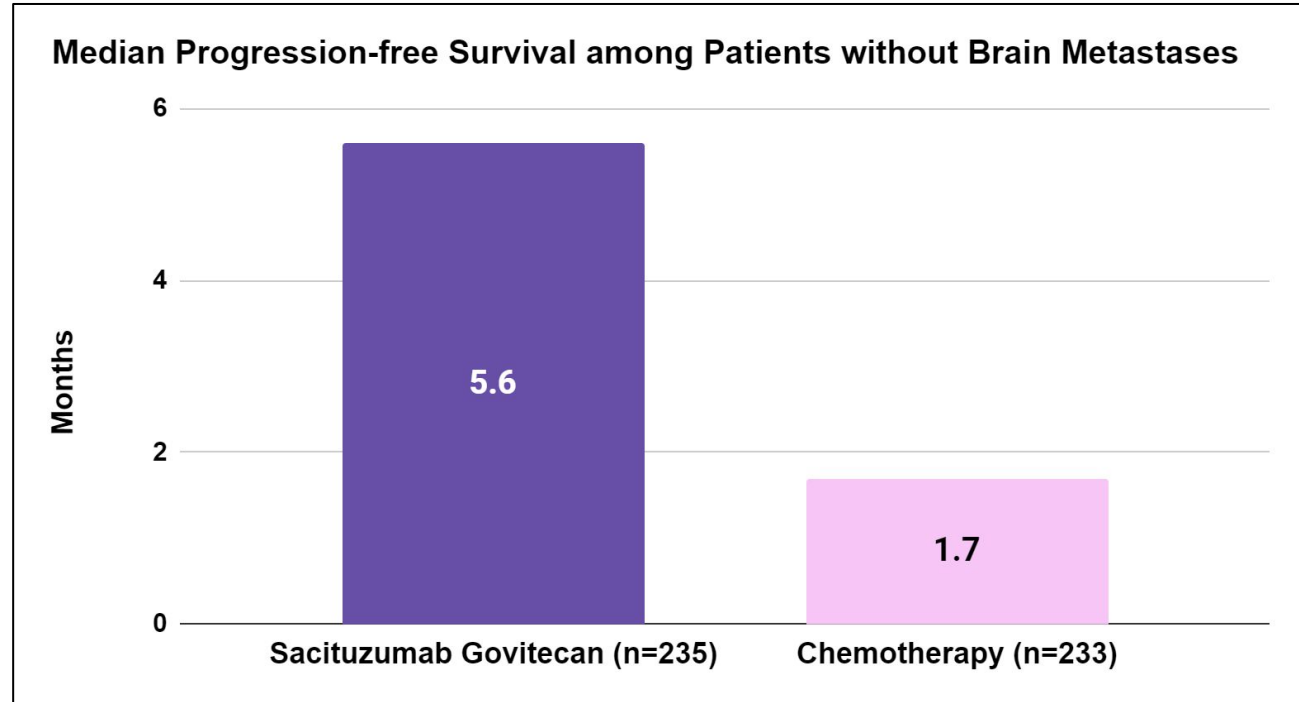
# ASCENT Study: Sacituzumab Govitecan



# ASCENT Study: Results

## Primary Outcome

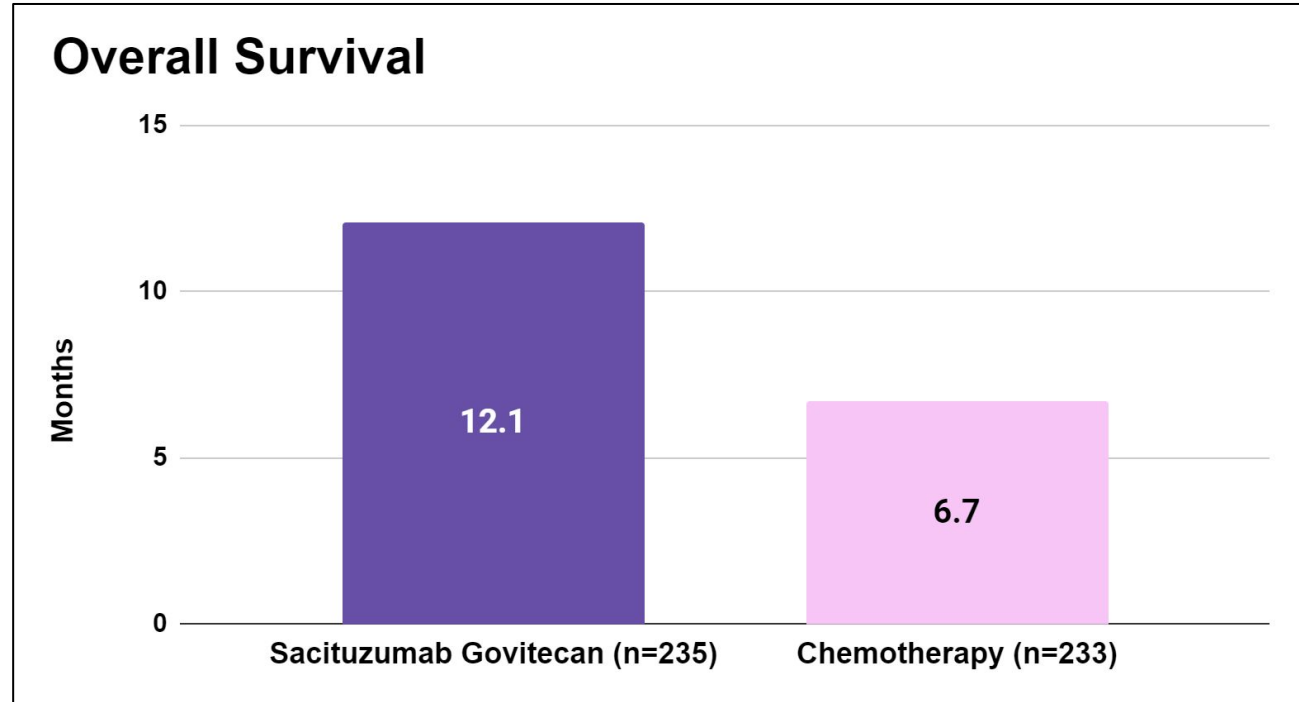
Hazard ratio: 0.41  
(95% CI: 0.32-0.52)  
 $p < 0.001$



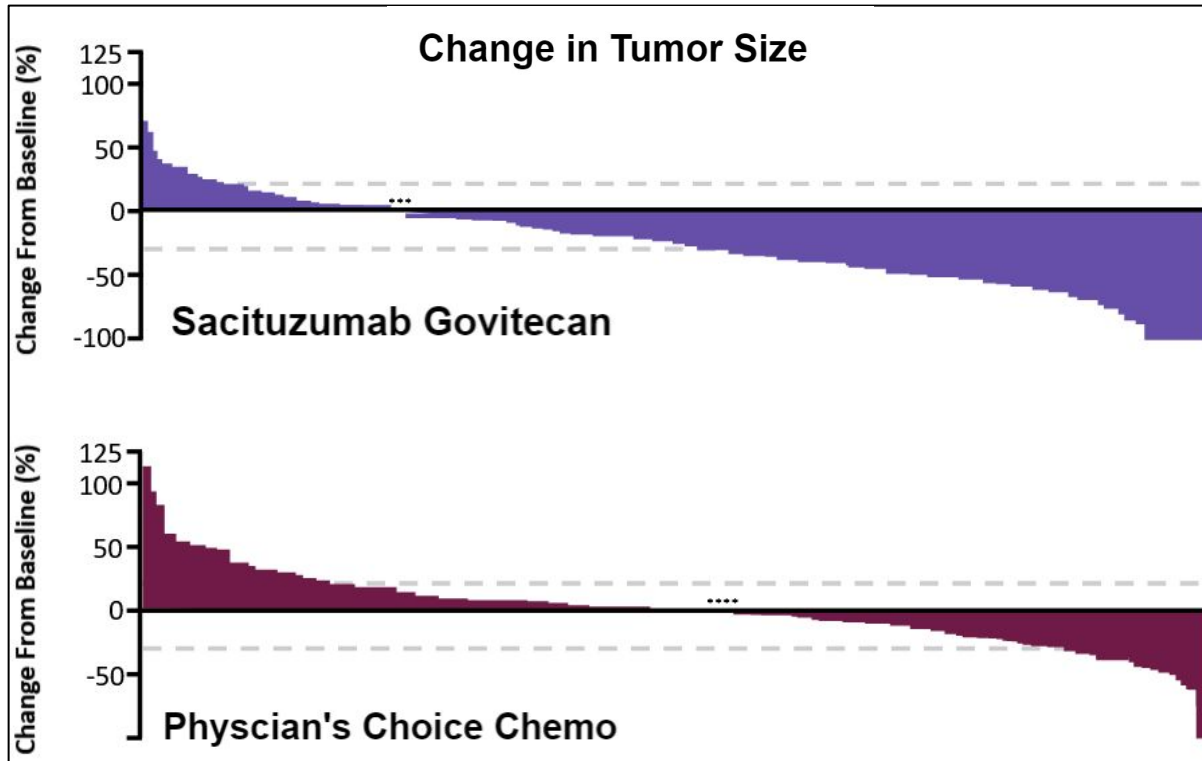
# ASCENT Study: Results

## Secondary Outcome

Hazard ratio: 0.48  
(95% CI: 0.38-0.59)  
 $p < 0.001$



# ASCENT Study: Results

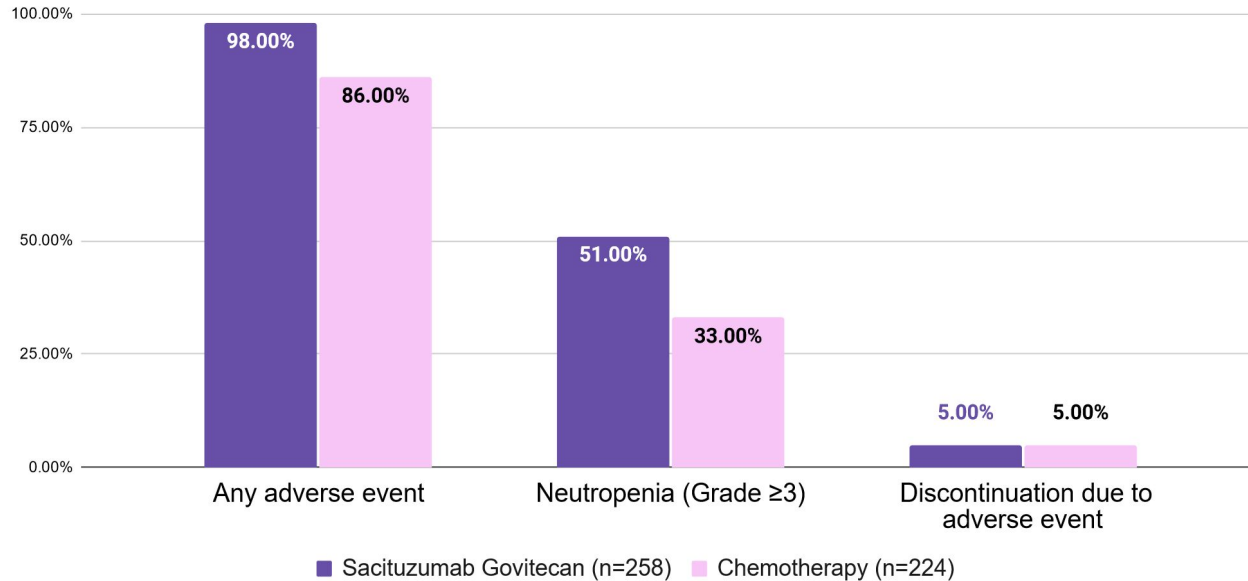


Greater tumor shrinkage in sacituzumab group

Decreased disease progression and increased complete or partial response

# ASCENT Study: Results

## Treatment Related Adverse Events Summary



Low discontinuation rates related to treatment adverse effects

No treatment related death in sacituzumab group

# ASCENT Study: Sacituzumab Govitecan

## CONCLUSION

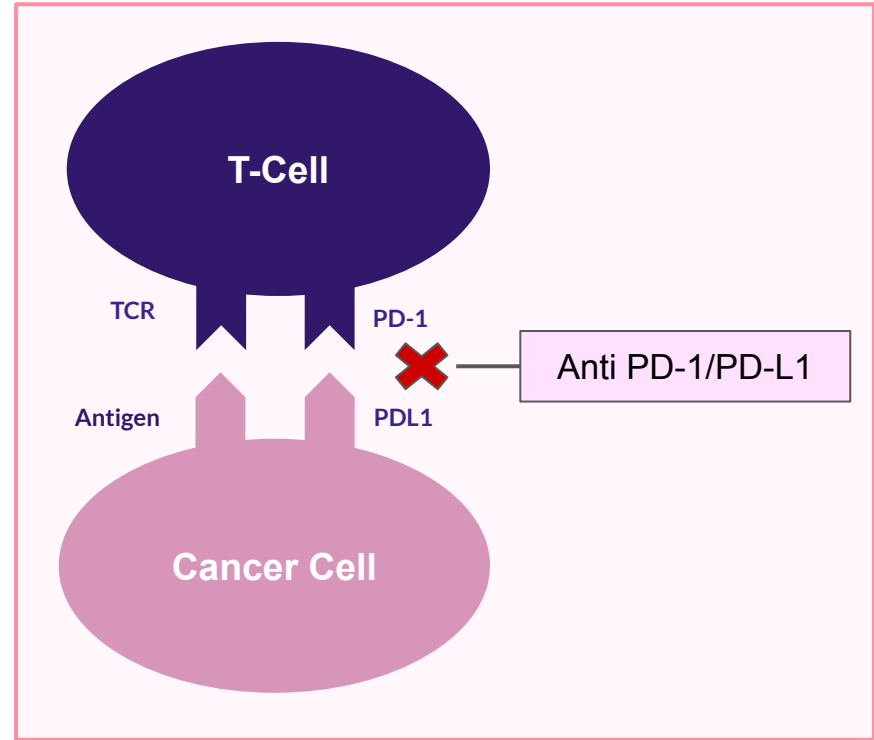
Patients with mTNBC who received sacituzumab govitecan had significantly longer progression-free and overall survival compared to single-agent chemotherapy, especially in patients who previously failed with chemotherapy



# Immune Checkpoint Inhibitor

## Anti PD-1/PD-L1

- Humanized monoclonal antibody
  - Target checkpoint proteins
  - Activate T lymphocytes
    - Detect and attack tumor cells



# Pembrolizumab

## Indication\*

Locally recurrent, unresectable or metastatic triple negative breast cancer

\*Other types of cancer indication not listed

## Dosing

IV: 200 mg once every 3 weeks or 400 mg once every 6 weeks until disease progression given with chemotherapy

## Adverse Effects

Common: Fatigue, myalgia, rash, shortness of breath, hypothyroidism

## Monitoring

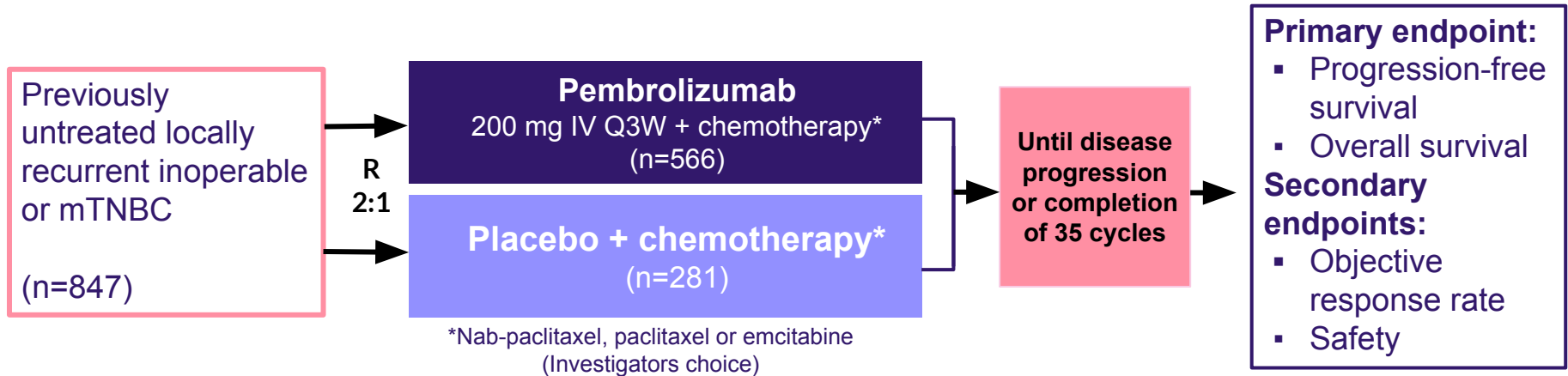
Laboratory: AST/ALT, SCr, TSH/T4, glucose levels

# KEYNOTE-355: Pembrolizumab

## Pembrolizumab plus Chemotherapy in Advanced Triple-Negative Breast Cancer

<b>Design</b>	Randomized, double-blind, international, phase 3 trial
<b>Objective</b>	Evaluate the efficacy of the addition of pembrolizumab plus chemotherapy in patients with previously untreated locally recurrent inoperable or mTNBC
<b>Primary Outcome</b>	Progression-free survival and overall survival among patients whose tumors expressed PD-L1 with a CPS $\geq 10$ and CPS $< 1$
<b>Secondary Outcomes</b>	Objective response, and safety outcomes

# KEYNOTE-355: Pembrolizumab



# KEYNOTE-355: Results

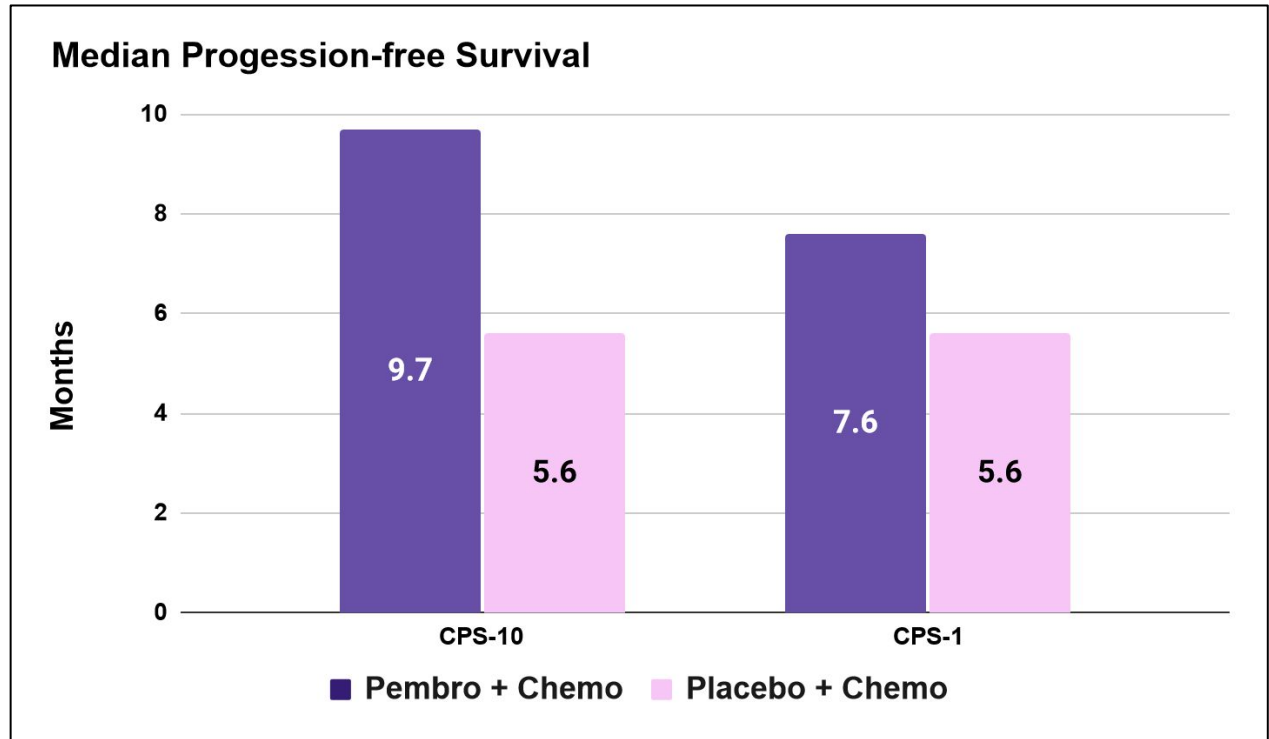
## Primary Outcome

CPS-10

HR 0.66 (95% CI: 0.50-0.88)

CPS-1

HR 0.75 (95% CI: 0.62-0.91)



# KEYNOTE-355: Results

## Primary Outcome

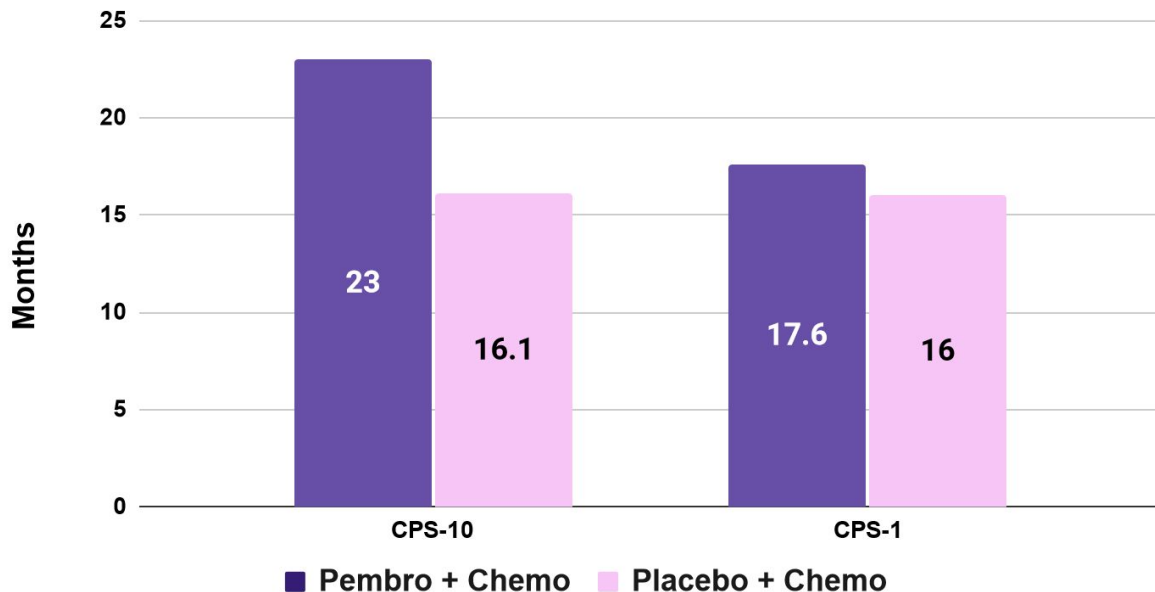
CPS-10

HR 0.73 (95% CI: 0.55-0.95)

CPS-1

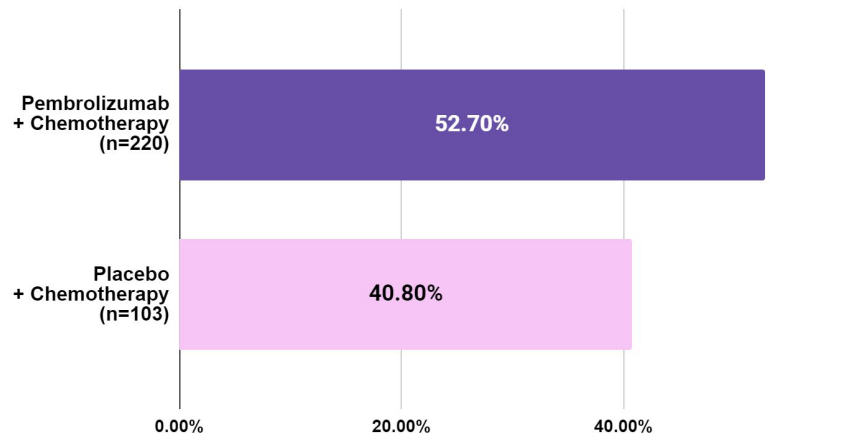
HR 0.86 (95% CI: 0.72-1.04)

## Median Overall Survival

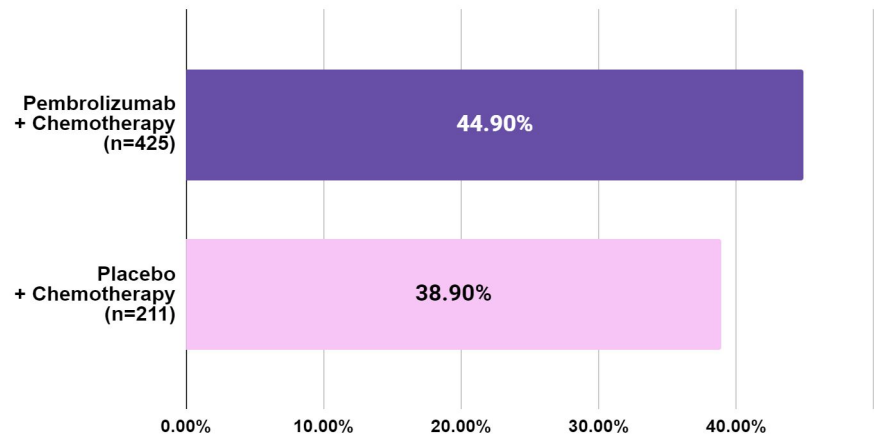


# KEYNOTE-355: Results

## CPS-10 Objective Response Rates (%)

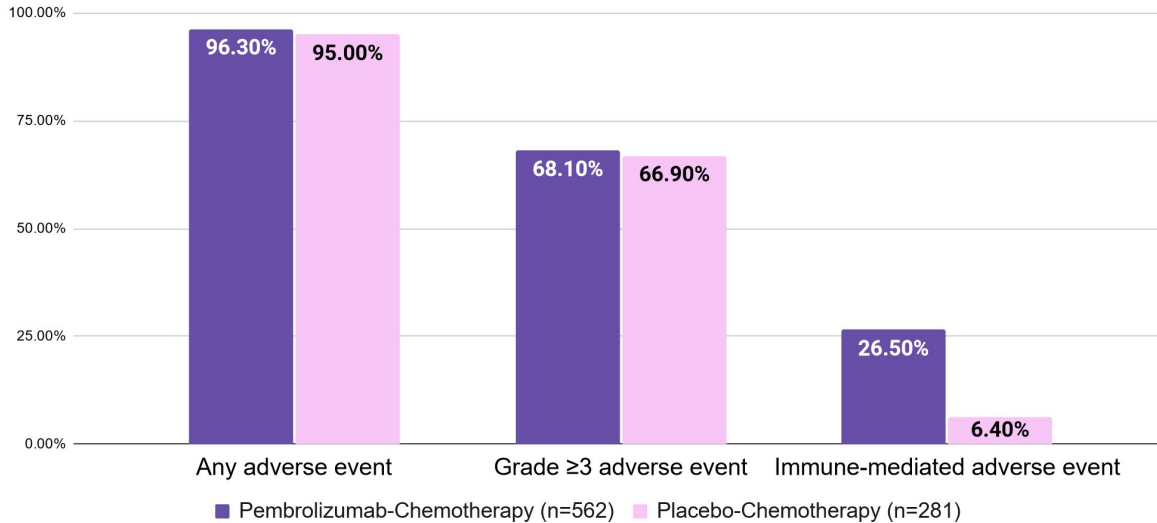


## CPS-1 Objective Response Rates (%)



# KEYNOTE-355: Results

## Treatment Related Adverse Events Summary



Discontinuation due to immune-mediated adverse events

- 2.8% in Pembro + CT
- 0% in Placebo +CT



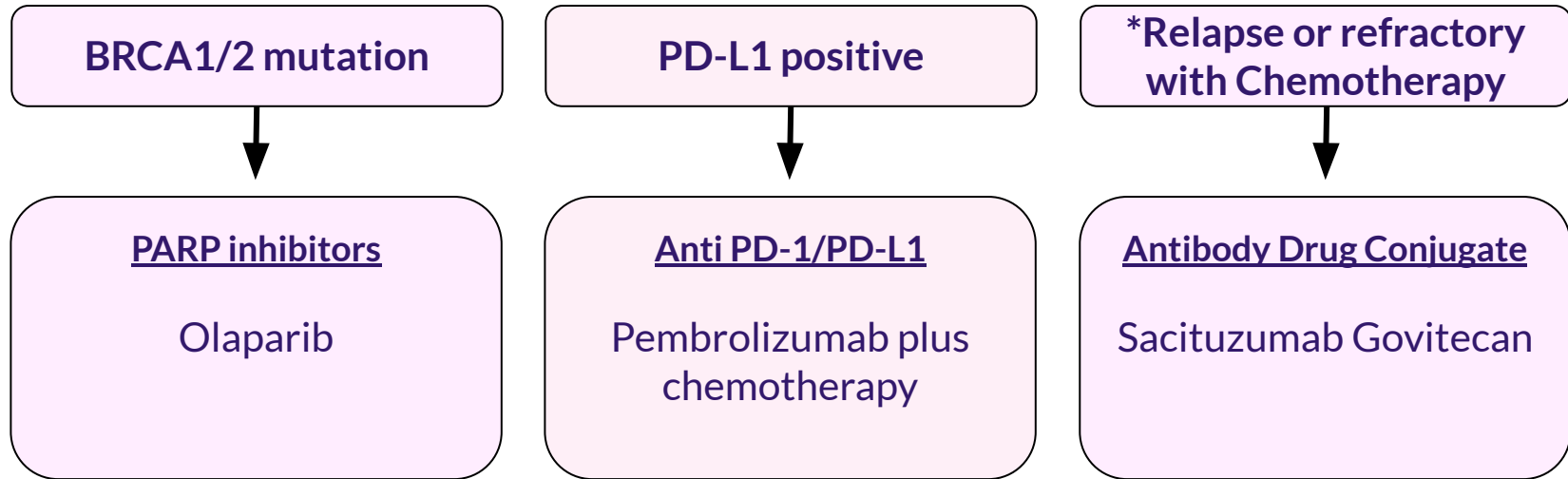
# KEYNOTE-355: Pembrolizumab

## CONCLUSION

Pembrolizumab in combination with chemotherapy showed significantly longer overall survival compared to chemotherapy alone in patients with advanced TNBC whose tumors expressed PD-L1 with a CPS  $\geq 10$

# Novel Therapies Summary

## First line treatment for mTNBC



\*received 2 or more prior systemic therapies, at least 1 for metastatic disease

# Future Treatment Strategies

## Saci-IO TNBC

Randomized Phase II Study of Sacituzumab Govitecan With or Without Pembrolizumab in PD-L1-negative Metastatic Triple Negative Breast Cancer (TNBC)

## ADC + PARP Inhibitor

Phase I/II Study to Evaluate Antibody-Drug Conjugate Sacituzumab Govitecan in Combination With PARP Inhibitor Talazoparib in Patients With Metastatic Breast Cancer

# Summary



Olaparib has shown benefits among patients with HER2-negative metastatic breast cancer with a germline BRCA mutation

Sacituzumab govitecan is used as the standard of care in pretreated mTNBC with early relapse who may be chemotherapy resistant

Pembrolizumab + chemo is the new standard of care for patients with unresectable or mTNBC whose tumors express PD-L1 (CPS  $\geq 10$ )

# Assessment Question 3

BC has metastatic TNBC. She is not a candidate for resection and has failed two systemic chemotherapy agents to date. She has no BRCA mutation and her PD-L1 tumor expression is  $<1$ . According to the ASCENT trial, which therapy is the most appropriate treatment for BC's breast cancer, given her relapse with chemotherapy?

- a. Sacituzumab Govitecan
- b. Olaparib + Chemotherapy
- c. Pembrolizumab + Chemotherapy
- d. Consider a third attempt with chemotherapy

# Assessment Question 3

BC has metastatic TNBC. She is not a candidate for resection and has failed two systemic chemotherapy agents to date. She has no BRCA mutation and her PD-L1 tumor expression is  $<1$ . According to the ASCENT trial, which therapy is the most appropriate treatment for BC's breast cancer, given her relapse with chemotherapy?

- a. **Sacituzumab Govitecan**
- b. Olaparib + Chemotherapy
- c. Pembrolizumab + Chemotherapy
- d. Consider a third attempt with chemotherapy

# Takeaways



Triple-negative breast cancer carries the worst prognosis of the 3 major subtypes

Novel approaches in TNBC have shown to improve prognosis compared to conventional therapy

Advancement in treatment has improved survival in TNBC and new clinical trials are underway

# **Thanks for The Mammaries:** Exploring New Treatment Approaches in Triple Negative Breast Cancer

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