

## Task Mastery Shift Guide

**Purpose:** The purpose of task mastery shifts is to provide the nurse resident with repeated opportunities to gain experience with patient interactions and clinical skills in their practice area, prior to taking a patient assignment with a preceptor. **By completing tasks multiple times (min. 3x)**, the nurse resident will move towards competency faster and may have reduced anxiety and stress. This promotes deeper engagement in the care of the patient, which may result in greater career satisfaction, sooner. Repetition of tasks builds skillfulness and confidence.

### Instructions for preceptors:

- Demonstrate the task after the resident has read the procedure, and ensure the nurse resident's understanding
- Assist resident to seek out *multiple opportunities* on the unit to master skill/task (may go to other units)
- Verify the resident's ability to accurately perform the skill prior to allowing independent practice
- Document successful and safe completion of tasks using current orientation requirements (when applicable)

**Technical and professional skills for the nurse resident:** During a task mastery shift, please work with your preceptor/resource RN/charge RN to gain experience in these skills. **The four (4) required skills should be on the SAME patient.** In addition to the required skills, **select at least three (3) tasks** of your choice to master during your shift, preferably tasks/skills that you are uncomfortable or unfamiliar with.

**REQUIRED: Engagement with skillful patient interaction**

*Greet, sit, engage with patients. Examples: Tell me a little about yourself. What do you like to do in your free time? Tell me about your family. Who do you live with? Do you have any concerns about going home? Is there something that the preceptor needs to know about the pt? (Report findings back to the preceptor)*

**REQUIRED: Get to "know the patient" clinically**

*Perform chart review (including, but not limited to H&P, tests, labs, meds). Report relevant findings to the preceptor (SBAR).*

**REQUIRED: Physical assessment and documentation of findings****REQUIRED: Patient education and documentation**

<b>Choose at least three (3) from the following:</b>			
Listen to rounds and shift report, and create an organized list of priorities for patient care	Orient to patient room (operating the bed, call light, monitors)	Take vitals signs & perform bedside POC glucose testing	Assist with ADLs
Assist with patient mobility/lift equipment	IV insertion	Foley insertion & care	Set up primary & secondary tubing
Set up/apply oxygen delivery devices (NC, NRB)	Measure intake & output (drains, chest tubes)	Wound care	Set-up suction
Complete dressing changes	Trach care	Central line dressing change	Assess for, initiate and document Fall Precautions

\*With the exception of the **required skills**, this list may vary between clinical practice areas.